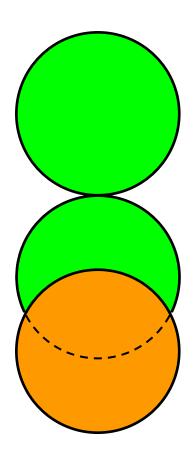
Self – Rekidding

by

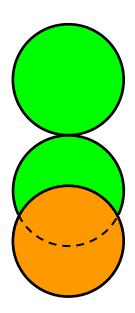
Franklin H. Ernst Jr., M.D.



Self – Rekidding

by

Franklin H. Ernst Jr., M.D.



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Self – Rekidding

by

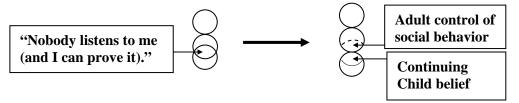
Franklin H. Ernst Jr., M.D.

"NOBODY LISTENS TO ME"

Dexter came for treatment to get well of "Nobody listens to me." It soon became evident in group that people did listen to him when he was matter-of-fact. When, however, someone expressed doubt about what Dexter was discussing, he would begin to push the point, at times leading to arguing with the person who might then turn away from him.

As Dexter came to recognize this sequence of events, he (his Adult) got better at heading off his Child at making another attempt to prove it. It? "That nobody listens to me" as long as his Child "worked it just right." His Adult came to clearly recognize that his Child saw events differently. Neither the therapist nor Dexter saw a need then to "change" Dexter's Child. His Child kept his belief. Effectively Dexter's Adult was now in charge at work and in his home life. People did listen to him.

This was diagrammed.



His Adult regained control of his own turf, his life. Child belief remained unchanged, but now uncontested.

Figure No. 1

Dexter's Adult was successful in persuading his Child to discontinue inappropriate "self rekidding." After he left his psychotherapy he ran onto Transactional Analysis articles on the Activity of Listening. He gained more personal benefit from reading.¹

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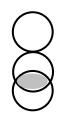
¹ Ernst, F.H. Jr., M.D.: "Handbook of Listening: Transactional Analysis of the Listening Activity", 2nd Edition, Addresso'Set Publications, Vallejo, California, © 2008.

CHILD CONTAMINATED ADULT

Eric Berne's introduction of Transactional Analysis to his readers enabled them to begin understanding the importance of Parent-Adult-Child. Since the earliest days it was understood by students of transactional analysis that the first job with a patient, a student, or for that matter anybody, is for him to be able to reliably identify and access his own Adult. The next is for his Adult to recognize his own Child self and become able to separate his Adult from his Child. Following this, the third task, is to focus on that portion of the person's behavior where the Child persists on intruding into a person's own Adult reasoning (process and behavior). Put differently, this job of decontaminating a person's Adult is to identify the circumstances in which his Child (being permitted by his Adult) keeps on contaminating his own Adult. The Child self of a person can and does, in specific circumstances, "borrows" reasoning to "substantiate" a strongly held emotional belief. This is called "His Adult is kidding himself." These are instances where a person persists in using his reasoning apparatus in order to justify emotionally based behavior with seeming reasoning.

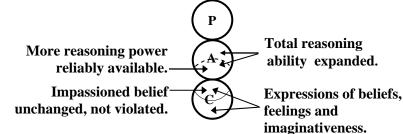
Writer had cases where the solution to the "problem" (for which a person came into treatment for) resulted when the person's own (now stronger) Adult gained awareness and control of his own Child intruding into his Adult. "The better a person can objectify that his Child has his own beliefs, and Child self wants to keep them, as distinct from the Adult, the less the person will be inclined "to kid himself." "The better you can keep your circles separated, but in touch with each other, the better you'll do in life."

"Get to know yourself." "Be honest with yourself." "Be friends with yourself." The following drawings (diagrams) show this.



Presenting Person When First Seen

Figure No. 2



ADVANTAGE OF SETTING A GOAL TO HAVE A DECONTAMINATED ADULT

Figure No. 3



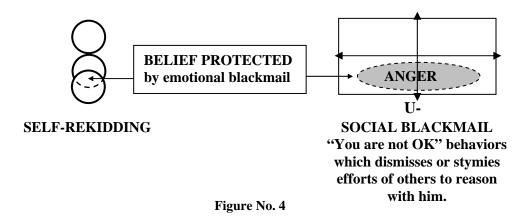
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The goal, is not to suppress this Child; the goal is to show the alive, vibrant Child that his own Adult, now grown up, can find better solutions to the problems first encountered when the person was little. As a Child his solutions then were appropriate. But his circumstances are different now. He is a grown up. He can use different strokes now for his life situations, if he wants to do so, "if he wants to be more Adult."

WHY DECONTAMINATE THE ADULT?

The purpose of achieving decontamination of the Adult is not to dissuade the person about the reality of his Child belief. Decontamination enables the person to better regulate when Child behavior may appear; to appear at more socially appropriate occasions, and to keep the Child energized as is, so that the zest the belief provides to his overall life, is not diminished. Often decontaminating one's Adult leads the person to privately reassessing himself, talking to, and reasoning about matters with his own Childself as an OK person in his Child's own right. The person talks with himself about the reasons, of his own, for why he does things.

When these Child beliefs intrude into the Adult, they are often expressed in the form of Social Rackets. In these Social Rackets, it is the element of "It's you (who is) making me cry (angry, scared, confused, etc)", "It's because of you ... (reasons)" in the expression of the feeling that identifies the expression as a racket (blackmail, coercive feeling). ² This is diagramed in Figure No. 4.



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² Ernst, F.H. Jr., M.D.: "Coercive Feelings – Psychological Rackets in the OK Corral", Addresso'Set Publications, Vallejo, California, © 2008.

SELF-REKIDDING IS TO DECEIVE ONESELF

Eventually, this variant of the Parent-Adult-Child (PAC) diagram was dubbed the self-rekidding diagram to emphasize the problem. It has reference to those who remain persistent in pressing their beliefs onto others <u>despite facts</u> to the contrary, and the resulting alienation of friends.

The word "kid" is both a noun slang term for child and a verb "to deceive, to perpetrate a hoax." People do kid themselves at times. This self-rekidding colloquialism describes the person whose Child does have a strongly held, emotionally charged set of beliefs about what is for him a "truth." And when he is corrected about this belief, he disputes and disagrees in the face of objective, verifiable data to the contrary. Such a person in fact, when seen, will be vigorously marshalling more "personal facts" and "reasons" in support of his belief. When this occurs, it is evident that this believer's Childself is moving in on his own probability estimating Adult.

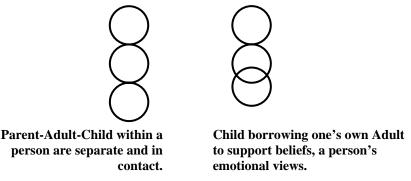
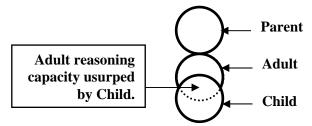


Figure No. 5

His Child is contaminating his Adult reasoning apparatus. He is deceiving himself. The repeated doing of this is called self-rekidding. Impassioned reasoning contains more than factual, objective reasons. This is symbolized by



SELF-REKIDDING DIAGRAM

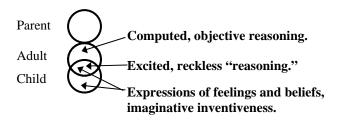
Figure No. 6

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MONEY HANDLING AND SELF-REKIDDING

Those who have repeatedly been "taken to the cleaners" financially, have not learned from personal experience about personal limiting of "blind spots." They have a financial blind spot in their ability to manage self. Many people buy high and sell low.

This is an example of "self-rekidding." This particular person, for reasons of greed, having money ahead in the stock market becomes gullible (suggestible) and is often easily persuaded to buy more stock, another stock near its top, believing they can make a (financial) killing rather than selling high. However, when the value of the investment goes down sharply, they sell. This is repeated many times. You know - "A fool and his money are soon parted."



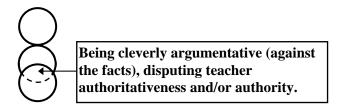
SELF - REKIDDING DIAGRAM
A Child fear and/or greed contaminating that same person's own Adult

Figure No. 7



TO QUESTION AUTHORITY

There are some bright young people who have been turned onto mischievously questioning (challenging) teacher authority in their classrooms and other authoritatively knowledgeable individuals. They have learned how to pick on minutia to show the teaching person he doesn't know what he's talking about. They are called by various colloquialisms, eg "a smart mouth, smart a--" and can be diagrammed as next.



QUESTIONING AUTHORITY (OF LEADER, TEACHER)

Figure No. 8

There are two general meanings for authority:

- 1) the "boss", the one in charge and
- 2) the person who speaks knowledgeably on a subject, is authoritative.



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SELF-REKIDDING "REASONING"

Self-rekidding describes a person who goes to considerable lengths to devise plausible reasoning structures in support of a belief. Some people will engage in debates, engage in heated arguments to defend a particular personal belief as being factual.

A fact is a phenomenon. It is a piece of information which can be matter-of-factly, dispassionately verified by others.

A belief is a personal view, often emotionally defended.

Beliefs, facts, thoughts, personal views, opinions. "I believe", "I feel", "I think", "I wonder if"; each of these ways of viewing events is valuable, has its place in life. The self-governing of these in the presentation of oneself can be typified by the expression "Get a handle on your own self-rekidding."

"Keep your circles from overlapping (too much)."

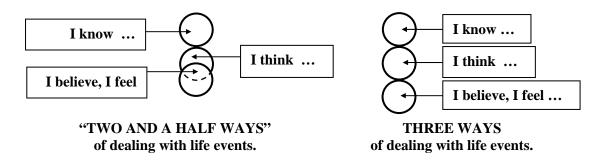


Figure No. 9

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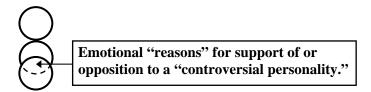
EMOTIONALLY CHARGED BELIEFS ABOUT PERSONALITIES

In the case of talk about a "personality" about which two parties are in agreement, the event is harmonious. In a discussion where one of the talkers is trying to persuade the other person about the "personality" of someone not present, such as in a telephone call, then the persuader may get impassioned and start animatedly citing the "facts" to "prove his point" to his non-agreeing friend on the other end of the line.

In a dissenting discussion of "a controversial personality" the intensity of emotional displays will pick up. AND the "discussants" will also be taking care to pull in more and more (emotionally laden, sometimes slanderous) "facts", each in order to back up his own belief about the third "personality."

A "controversial personality," by definition, is a person toward whom intensely held, divergent, strong personal convictions are directed by members of the public.

Would you call Jose Canseco, of baseball fame, a controversial person?



DISCUSSION ABOUT A CONTROVERSIAL PERSONALITY.

Figure No. 10

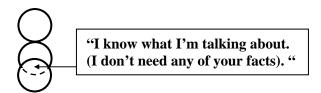
INTELLIGENT GROWNUPS WITH A LEARNING DISABILITY

Many a person in such controversial discussions is insistent that: "I know what I'm talking about." Putting it differently, there are a few people who do not become enraged to the point of unreasoning when told: "You don't know what you're talking about."

Another "fact" maintained by some is: "I know what I'm doing!" And again, given any hint of being told "You don't know what you're doing" they will almost automatically shut down all other reasoning in favor of "disputatious reasoning" that they do too, know what they're doing. When the reasoning of a person is shut down in favor of disputing, he has a learning disability for the time being.

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Learning is an Adult function with the Child being compliantly cooperative. <u>Disputing has more to do</u> with defiant (rebel Child) "emotional self-rekidding reasoning."



LEARNING DISABILITY

Figure No. 11

BABE RUTH

Recall the movie about Babe Ruth? As a major league pitcher it looked like his career was about to end. He and some friends were sitting in a restaurant booth discussing the problem. From the next booth a woman piped up to tell them she knew what the problem was. Apparently eager to learn, they invited her to join them. She did.

She told Ruth he was telegraphing his pitches to the batters. And she told him and his friends how he was doing it. Ruth blew up at her. He was outraged at her for telling him he didn't know what he was doing. She had shown him what the problem was. She left.

Eventually Ruth calmed down, and within a short period of time caught on to what she had told him, what he was doing. He corrected it (his pitching problem), for his own benefit and that of teammates. And Boston baseball fans were again delighted.

Ruth's initial reaction was not "Oh thank you ma'm for your careful observation and evaluation, and all your help in going to the trouble of studying my work and then telling me and showing me."

NO!

Something inside him responded, almost as if his life was on the line. Maybe it had been on the line sometime in the past, BUT that was not the case when he was in that restaurant.

It was not necessary to learn the origin of his reaction. What was needed, was for him to join up with the present day information he had just been given. In fact, as any fan of Ruth remembers, he

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continued to be almost routinely defiantly argumentative or brawling with anyone who said or even hinted to him "You don't know what you're doing!"

For practical purposes Ruth had a temporary learning disability about his pitching. It was, we were told, almost career ending before he corrected his problem. He later moved to the Yankees as an outfielder and daily batter.



Figure No. 12

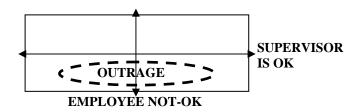
A TEMPER TANTRUM TAKES OVER A COUNTY GOV'T MEETING

On July 5, 1995 a few taxpayers attended a "semi-private meeting" of the local County Board of Supervisors. At the start of the meeting a question was raised by a County Supervisor as to the legality of holding the meeting. County Counsel Dennis Bunting (Attorney for the Board of Supervisors) was brought in, asked, and he answered with a NO "... This is not a legal meeting" The questioning County Supervisor and County Counsel both left the meeting then. The meeting continued. So what was happening?

About two hours into the meeting another County Supervisor's vocal volume began to dominate the meeting. This behavior was disruptive and increasingly abrasive for the purpose of the meeting. The stated purpose: a "Goals and Objectives Setting Meeting." <u>However</u>, "the Supervisor from District No.1," as witnessed by the writer and others episodically personally attacked an attending participating county employee. That Supervisor was dramatic with her slanderous words, and harangue. This episodic, repeated behavior of haranging went on and on for those two hours.

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The behavior of District 1 Supervisor was a social behavior racket. The behavior was aimed at coercively forcing the woman employee out of her position; attempting to force the other Supervisors to concur with her personal view of the county employee.



COERCIVE FEELING DISPLAY EMOTIONAL BLACKMAIL

Figure No. 13

According to California Government Code all public meetings are to be advertised, published with an itemized agenda listing the matters to be considered by the governing body. And the right of a member of the public to speak to each individual matter as it came up on the agenda is normal. The July 5, 1995 all-day "semi-private meeting" of the Board of Supervisors in question was called by the County Administrator, M.D. Johnson. Was this a fictional meeting? Instead, both the County Administrator and Board Chairman declared it was "illegal" for any member of the attending public to speak to any matter, at all then, while THE "County Goals and Objectives" (public policies) were being decided, ie plans for County expenditures of tax funds were being discussed.

Remember, the County Counsel had declared this to be an "illegal" meeting and had walked out with another Supervisor. The intent was clear, looking at this in retrospect. So the intent seems to have been to ram thru "goals and objectives," not allow public input, and intimidate the public by verbally brow beating a county employee, working in her capacity as a county employee then.

After one such temper outburst by the mad Supervisor, a fellow Supervisor finally asked for her agreement to "stay on the policy issues, to set personality issues aside, that the public forum was not the place for discussion of personalities." The "berater" agreed for the moment, but within three minutes was back at it, grinding her axe. The other supervisors did not disagree or agree with her "personality" views. They did want to get done with their assignment, as assigned by the County Administrator. "Berater", however, was unable to disengage from a degrading recitation against the employee. For the balance of the day, she repeatedly kept on returning to her "personality policy."

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At another Board of Supervisors meeting, a few months later (this one where members of the public-at-large were permitted by law to air views divergent from the elected county leader of the governing body) the same "berater" Supervisor, now the Chairman of the Board of the Supervisors, had the County Sheriff personally "arrest" two members of the public-at-large. These public-at-large speakers were speaking at an appropriate time, as agendized, on an agenda matter. BUT these two speakers expressed a point of view that the Chairman of that Governing Board had declared (unilaterally) to be an "illegal" topic to address. Those two people were not disorderly; they were not disruptive. They firmly opposed the view of that particular "berater" supervisor. As the presiding officer, she apparently (believed) had special "arresting" privileges, and could order gun carrying personnel (who went along with this) to remove another personality airing a view she disagreed with, and that she had therefore decided was "illegal."

It was clear during her July 5, 1995 vindictive "personality" orations, that this elected governing Supervisor believed she had the right and duty to express her feelings about the matter. Her sense of duty to the expression of her emotional issue had taken over her reasoning apparatus, AGAIN. Her ability to stay with what she had agreed to was gone. Her ability to objectively reason had become unreliable, eclipsed. For the balance of the meeting, her reasoning about County Public Policy could not be counted on. A fixed focus of attention on personal feelings and a belief about a "personality" had set aside her ability to reason about County "issues." There were other days, too. At no time, however, was that Supervisor incompetent.

Unreliable for the time being? Yes!

Incompetent? Absolutely not!

During that two hour interval we saw that elected county Supervisor using a blend of "reasoning-feeling" about her discrediting behavior, as she was attempting to justify her display of bullying slander, defamation.

The surprise during that incident was not that two of the elected county governing representatives seemed quite cowed and intimidated beyond words. More surprisingly was that one of the other three supervisors in attendance then, did what it took to attempt to bring the event under some measure of orderliness so that some business could be carried out.

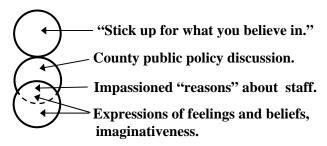
The business-like Supervisor began to periodically ask her, "berater", to "set personalities aside" so that the Board could deal with the issues. Each time she, "berater," would agree - for a while. Eventually the other two Supervisors began to tentatively join in by encouraging her, "berater", to "set it



aside." But they seemed more focused on avoiding any shrilling being directed at themselves from "berater" Supervisor than they were in taking care of County business. Instead, they appeared socially <u>paralyzed</u> when the skirted screecher cranked up with her temper tantrum. Or maybe they were worshiping an event in the temple of her sacred temper. In any case, the success of the social blackmail by the temper tantrum was evident.

The hired, non-elected group psychotherapy expert presiding over this elected body's public policy discussions did let the screeching temper display stay in control of the meeting. ³ As the event unfolded, the "berater" defamer-slanderer continued unable (unwilling) to control her expression of personal antagonism. The non-elected group psychotherapy expert ("consensus" facilitator) leading that group session apparently was also inactivated from making any of the appropriate, known interventions.

"Floor plan" of the behavior seen is diagrammed here.



SELF REKIDDING DIAGRAM Child contaminated Adult

Figure No. 14

This elected person in authority had a feeling that she was duty bound to agitate against some others, setting an example of disrespect of the rights of others. Her behavior then was of disrespect for the representative governing authority she represented.⁴ She did this in other meetings, too, in the years before, as a City Council(wo)man.

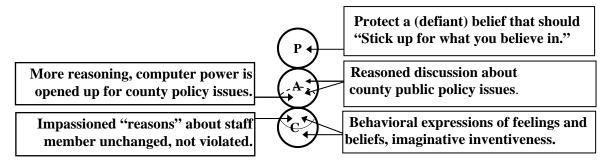
Rekidding

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³ Editor's note: The County Administrator had hired a "consensus" facilitator for this meeting. He and the facilitator were unable to deal with this, (or unwilling to) let it go, knowing what was happening, or were briefed ahead of time about the scene that predictably could transpire.

⁴ Editor's note: Recently this same Supervisor, elected representative of the people, voted to allow the sale of marijuana in the County. As she stated, she believed it (marijuana) would relieve her dying friend's pain during the course of terminal cancer. Question is, has this elected official separated, decontaminated her Adult?

If this Supervisor had successfully "set it aside" (her agitation) as she agreed to (instead of obeying an inside personal Parent rule) such would be diagrammed as:



DECONTAMINATED ADULT Child keeps beliefs but Adult no longer deceived.

Figure No. 15

As shown here, this would <u>not</u> have involved any change in the beliefs and views of the person. Nobody has to get "psychoanalyzed" because of the particular personality belief at issue.

There is no need to get to the basis of the argumentativeness. "We know you know what you're talking about. **But this is about something different."**

SUGGESTIBILITY

Propagandized beliefs are spread both directly and by suggestion. Suggestibility is present in most everyone to some degree or other. But not everyone is hypnotically suggestible.

Self-governing: this is what Jehovah was pushing Adam to be, if he could, in the Garden of Eden. But then Adam flunked Self-Government 101. Adam, for sure, knew what the one rule was, the

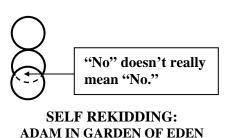


Figure No. 16

one "NO! NO!" in the Garden: "DON'T EAT THE APPLE!"

He'd been taught, after all, by the premier teacher of all teachers.

But even though that "NO! NO!" was living inside himself, was a part of his own being, his self-governing gave way to self-rekidding, on the suggestion of that old serpent in the Garden.

Adam, on that suggestion, kidded himself to try just one little apple.

Maybe that "NO! NO!" did not really mean NO!

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EPA SPAWNED HOAXES

Many beliefs are propagated by those who know they are misrepresenting the facts. The EPA (US Environmental Protection Agency) has come out several times in recent years saying: "the dangers of 'second hand' smoke are <u>over blown</u>." But now, some members of the public have embraced the belief that it is harmful, and continue to vigorously denounce those who smoke in their presence; saying the smoker is endangering the denouncer's health.

The same is true with the political science findings of the EPA, about the dangers from the dioxins in Times Beach, Missouri in the mid 1980s. In 1995 EPA declared that the dangers they (EPA) advertised earlier (about Times Beach dioxins) were <u>exaggerated</u>. BUT now, the strongly held belief and fear about dioxins among a large segment of the public continues unabated. AND who goes back there to Times Beach to live anymore. Maybe it's "Once burned twice shy." Should you have believed the EPA in 1995 instead? If you did not act on their order, would you have been subject to arrest and jailing before 1995?

OTHER EPA HOAXES

Other EPA hoaxes? DDT is banned from use world wide while more than a million people a year die from preventable mosquito borne malaria. Reputedly because DDT thins the eggshells of the bald eagle. DDT does not harm humans or bass fish. ⁵

The asbestos hoax? On 9-11 of 2001 there were reportedly 3,000 people killed when the World Trade Center was hit by "terrorists." Assuming the structural failure of these buildings occurred because of over-heating of the steel, the buildings would have stayed up for three more hours, had the structural steel support beams been insulated with asbestos, as recommended when it was designed. Thus, of the reported 3,000 killed, the Enviros get credit for killing 2,000 of them ("Access to Energy", Vol 29:2, September 2001; PO Box 1250 Cave Junction, Oregon 97523, Editor Art Robinson).

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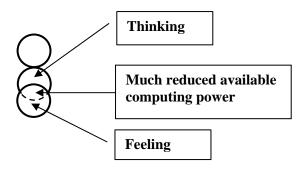
⁵ Writings by J. Orient, MD, Certified by American Board of Internal Medicine and Executive Director of American Association of Physicians and Surgeons; Art Robinson, PHD, Editor of "Access to Energy", Cave Junction, Oregon.

The Acid Rain hoax? Reader is referred to Dixie Lee Ray on "The Great Acid Rain Debate" (Dixie Lee Ray, "The Great Acid Rain Debate", American Spectator, January 1987, pgs 21-25).

Recent "global warming?" Need for "The Kyoto Accord" as a basis for closing down a large part of US coal generated electricity, up for passage by the US Senate? A fiction! (Art Robinson, various articles in "Access to Energy" on the Global Warming Debate, 1996 to 2001). Robinson also includes references to his articles published by the Wall Street Journal refuting the "Global Warming" myth! The sea around Sicily was much lower in 600 AD than today (The Barnes Review, Vol 7:6, 2001). "Global Warming" since (before) 600 AD? Starting before any large scale coal burning? Maybe. ⁶

The safety and value of nuclear power plants? Fewer people have died as a result of nuclear power than any other form of electric generating power per terawatt. (A Robinson, "Access to Energy")

The results of the electronic and newspaper media pushing their anti-nuclear energy political science agendas are seen by the large segment of the population continuing to hold strong, heavily charged emotional beliefs against nuclear energy. ⁷



SELF REKIDDING

Figure No. 17

A dissenting person literally does take his life in his hands to challenge some of these believers. It is a life threatening hazard to the health of anyone who might try to present objectively reasoned, measured facts to some of these belief holders. The fact of the strength of some of these (bigoted?) beliefs is itself scientifically verifiable. Nuclear energy for every country able to afford building a nuclear power plant, except the very few in the USA!

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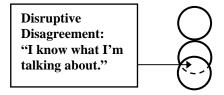


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⁶ Editor's note: Global Warming, Cap and Trade legislation, demonizing CO2.

⁷ Editor's note: See the "Scientific American" magazine, November 2009 issue.

The real problem lies not in the correction of factual errors, but in the strength of the believer's and their political influence. These beliefs will be held onto by defiant believers almost indefinitely regardless of any possible corrections of the errors in the beliefs of the believers. When DDT, Nuclear Power, "Global Warming" is brought up in conversation, these believers almost immediately become disruptive to any reasoned conversation, inserting their belief and argumentatively defending them and compromising the other parties present with their defiant "I know what I'm talking about" (IKWITA).



DISRUPTIVE EPA HOAX BELIEVER

Figure No. 18

The believer's emotionally charged-up Childselves may over-poweringly begin to cite "political science findings" they have heard on the TV, at times cited with apparent (Adult style) reasonableness. Disputing somebody's IKWITA can be dangerous to the health of the thinking person (disputer). Once IKWITA has accepted the belief, he very rarely changes his mind. For him to change his mind would involve a more basic problem. Maybe he did not know what he was talking about when he first accepted as "fact" the belief he now embraces. This can be repeatedly seen even though EPA itself may no longer hold its original view.

A few years ago this writer wrote and handed out a short one sided paper he wrote on the topic "Global Warming, Chicken Little, The Sky is Falling." It is included here for your review. This presentation received mixed reviews at a local association, and is now widely used.



CHICKEN Little and Global Warming Letter

March 8, 2007

Recently my TV has had an amazing increase of references to "global warming." Global warming and increased carbon dioxide, global warming and the 30 million cars in California, global warming and it's terrible dangers to "our world." And so it goes seemingly endlessly.

I'm reminded of "Chicken Little" who was known for his crying out to the neighborhoods "The sky is falling down."

About ten years ago Art Robinson, PhD circulated a petition among well informed people he knew. The petition took on the mythology of global warming and showed that the "Kyoto Accord" was based maybe more on **political science findings**. Robinson showed that increases in CO2 production has led to the increased size and number of trees in the forests, the ability of the oceans of the world to absorb almost endless amounts of CO2 from the atmosphere, and other aspects of the earth that act as safety valves already built into the earth's infrastructure, that keep it from being overwhelmed by CO2. Art Robinson, PHD is editor of the monthly newsletter "Access To Energy", Cave Junction, Oregon. See also his article in the Wall Street Journal about global warming then.

I got to wondering what's the opposite of "global warming?" Global cooling? Then I remembered my ninth grade science teacher, how he got us acquainted with "global cooling." Then it was known as "The Ice Ages." Last week I looked up "ICE AGEs" in my World Book Encyclopedia.

Nine ice ages during the last two million years? I would assume that, as Mr. Horton had taught us, there were episodes of "global warming" in between the episodes of "global cooling," (Ice Ages).

During past ice ages the level of the oceans were at times 300 feet lower than today, if I can believe my encyclopedia.

A television show recently stated that the ice on the earth has been melting at an accelerated rate for 3,000 years, or so. How awful? How about 30,000 years? Congress better do something before all the Polar bears run out of icebergs to live on in the Hudson Bay.

The TV show reported a stone house on the east coast of the Mediterranean Sea is now nearly completely submerged under the sea. The (TV) History Channel said evidence showed the

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house was occupied in ancient times, lived in during the period of the Greek King, Menelaus. Menelaus is known for his seige on Troy and the "Trojan Horse."

"Global warming," and the 30,000,000 cars in California? I do hope that the California legislature doesn't take my car away from me or yours away from you. But then maybe the thousands of **passenger airplanes** in the country that burn hundreds if not thousands of gallons hydrocarbon based fuel each trip; maybe they could be grounded. What about all those federally funded, subsidized city buses? Federally subsidized global warming, and hopes you do too?

Anyhow I enjoyed the 1967 World Book article about "The Ice Ages".

In closing, in 1938 my teacher, Mr. Horton taught us that the most recent "Ice Age", (global cooling) was coming to an end and "we are starting on a phase of global warming." He was 70 years ahead of his time. We loved him.

Al Gore and "An Inconvenient Truth?" Is his documentary a "Chicken Little" and "the sky is falling down?"

F.H. "Doc" Ernst Jr.



"SMOKING IS DANGEROUS TO YOUR HEALTH"

The only verifiable reason to substantiate the government claim that smoking is dangerous to your health is that if you do smoke, someone from the government with a badge may come, gun drawn to demand you put your cigarette out. Been to the City of Davis in California recently? A drawn gun is dangerous. The rest is circumstantial evidence. BUT for many people, the perception that smoking is dangerous to your health is a reality. **Perception is reality?**

On the other hand it might be said that only a "smoker" would write like this. OK! So the majority of the people say --- the smoker is kidding himself. Whether it is that the majority prevails or the majority are following the (government) leadership "reasons" to stop smoking could be debated. To what end? Nevertheless, the majority view is diagrammed.



THE SELF-KIDDING SMOKER.

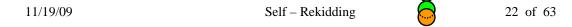
Figure No. 19

If on the other hand, the smoker does not "bother or endanger" others and does not give "reasons" for not stopping, merely acknowledges he does not want to stop, that is Adult. If you will, he (Adult) has made peace with himself (his own Child). If one of the majority has an intolerance of a smoker, that is on them.



ADULT OF SMOKER AT PEACE WITH OWN CHILD PLEASURE IN SMOKING CIGARETTES

Figure No. 20



This example is not presented here to persuade anyone to smoke or not smoke. It is presented to show how hard a person may cling to a belief which can also be used coercively on others around him. Either side can dredge up "reasons" to support their personal convictions. This example shows how difficult it may be "to set personalities aside" in favor of dispassionate reasoning.

FACT: About 2,400,000 people in this country die every year (World Almanac 2001, World Almanac Books, One International Blvd, Suite 630, Mahwah, New Jersey, 07495-0017). Of these deaths, government personnel say that "300,000 die each year from causes related to smoking." This, therefore, leaves 2,100,000 who "die each year from causes related to not smoking." No one has ever been able to verify the 300,000, but anyway the belief persists that "smoking" is dangerous to a person's health.

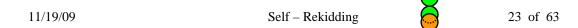
Of the 2,400,000 who die each year, 2,100,000 died from causes related to not smoking (2,400,000 minus 300,000). This means that dying from causes related to smoking are 3 in 24 (1 in 8) and dying from causes related to **not smoking** are 21 in 24 (7 in 8). Put in terms of "odds", chances are (7 to 1) of dying from causes related to not-smoking.

FACT: Government also tells us 25% of the people are smokers (out of every 8 people, 2 are smokers), therefore 75% are non-smokers (6 out of 8 people in the country are non-smokers). This means the odds are 6 to 2 of being a non-smoker in the country.

These two facts would seem to mean that

- 1) Of the 2 out of 8 (25% = 2 out of 8) who smoked and were living at the start of the year, there were 300,000 (out of the 2,400,000) who died from causes related to smoking. (300,000 of 2,400,000 is 1 in 8)
- 2) On the other hand, among the 75% (6 out of 8) non-smokers living at the start of the year but who died during the year, 2,100,000 out of 2,400,000 (7 out of 8) died from causes related to not smoking.

From these numbers it sounds like the chances are at least twice as good for surviving the year if a person is a smoker compared to being a non-smoker. Of the two (out of the eight), only one (of the eight) died. Seven out of eight of the deaths that year were from the six out of eight who didn't smoke.



The next point? What about all the smokers who die of lung cancer? What about them? You never hear about the 1,000s of non-smokers who die from lung cancer every year, do you? Emphysema? Same. Heart disease? Etc.

BUT this belief does hold on. Personal conviction wants to refute this reasoning? Right! So when does reasoning enter without feelings and beliefs on this subject? Instead, a person may want to argue with the writer and the figures presented here. **Argue with the World Almanac?**



INTOLERANCE OF SMOKERS.

Figure No. 21

BELIEVERS

So how can a believer discontinue rejecting facts? It may not be possible to stop rejecting facts because of the strength of an individual personally held convictions (beliefs). What's left? Challenge, "question (the) authority," eg respect the authority of the writer? It is not possible to both defy and simultaneously learn from the same authoritative person. The writer's numbers are biased? You got better numbers?

No? But the believer will still cling to his belief, by next trying to think of other ways to refute the numbers given here **or discredit the person of the writer**. This is not written to get anyone to change his mind about his belief or about whether to smoke tobacco or not.

The fact is, "this belief" was learned initially from someone who said (on TV, at school or home?) "I'm from the government and I'm here to help you." But this is the same "government" that gave us Ruby Ridge, Waco (13 were less than 4 years old when gassed, shot and burned to death) and then a credibility gap emerges in regards to government explanations of "the Oklahoma City events in the 90s" and even, some say, maybe the 9-11 of 2001 "terrorist attack" on the country.

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The fact is, **political science** has proven smoking endangers your health and mine, too.

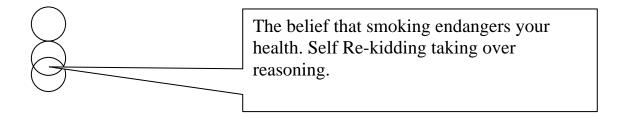


Figure No. 22

The 300,000 deaths attributed to causes related to smoking is a mythical number, never substantiated by any count. It is a smoke screen for more coercive measures directed against (smoking) individuals and clusters of other individuals in the body politic. This and the other special-interest discriminations are manipulative strategies and training grounds for the body politic to do the social coercing, to carry out the coercive forcing against smaller groups in society. Some say the possession of a Bible will be "outlawed" before tobacco. Certainly the efforts to "outlaw" privately owned guns by the elitists is ahead of outlawing "smoking." It has been said the anti-smoking campaign is part of the divide and conquer program to pull the country down. In terms of the Games People Play, **the game is Let's-You-And-Him-Fight.**

TOLERANCE FOR WHOM

Tolerance for Christians? Tolerance for homosexuals is mandated by government. Tolerance for gun owners? Tolerance for abortionists is mandated by government. Tolerance for smokers? Tolerance is mandated for government pornography ("sex education") in public schools. Is the above a printed variation of Intellectual Self-Rekidding by writer? Is it a deceptive exercise in numbers?

What percent of the body politic can be led into playing the game of "**Double Blind**" about the dangers of nuclear energy, about the dangers of liquid natural gas, global warming?

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SELF-REKIDDING AND THE GAMES PEOPLE PLAY

Self-rekidding refers to repeated episodes of (emotional) contamination of Adult reasoning by Child. Self-rekidding is played out in the Games People Play.

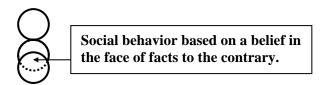


Figure No. 23

Self-rekidding comes in two varieties:

- 1) "Emotionalizing" and
- 2) "Intellectualizing."

EMOTIONALIZING and Games People Play

With the emotional variety of self-rekidding, the person will be at ready to exhibit an emotional display if his views are questioned, are crossed. Some of the games in which <u>emotional self-rekidding</u> occurs are shown in the following examples.

One man told his friend "You should stop drinking." When politely told to mind his own business, the irritated retort was: "I'm telling you this for your own good." The game - I'm Only Trying To Help You (ITHY).

"Things are a mess here" is a line in a game of **Ain't It Awful (AIA)**, You're Awful (I'm Awful). Other phrases indicating the game of AIA include "I caught myself saying the dumbest thing the other day", "I get confused when ..", "I resent it (you) when ..", "What's wrong with you (me) ...?"

One woman in group treatment commented one day "I discovered that the thing wrong with me was my Child asking my Adult 'What's wrong with me?' and I decided to stop it." She concluded treatment a few weeks later with concurrence of group and psychotherapist.

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The game of **Now I Got You, You SOB** (**NIGYSOB**) will be indicated by a querulous "I noticed you (they) ...", "I'm offended by ..." A husband not noticing his wife's new hair style was asked "Did you notice anything new about me when you came in." Another asked "Do you know what day this is?" and he frantically scanning his memory banks for THE correct answer (her birthday, their anniversary, her mother is due to arrive tomorrow for a visit?).

Why's This Always Happening To Me (WAHM) can be looked for when hearing the lines "You caught me unaware ..." "I hadn't noticed before ...", and in response to the questions, eg about what day is it today is "Of course I remember it's ah -- our anniversary and ..." (You didn't catch me this time)," "I'm dreadfully sorry, it slipped up on me (WAHM)" "Of course I do, it's your birthday", etc.

Look How Hard I'm Trying (LHIT): "I could use some help", "We can't all be perfect."

And

See What You Made Me Do (SWYMD): "It's not my fault."

INTELLLECTUALIZING and Games People Play

With the intellectualizing variety of self-rekidding the person will seemingly accept consideration of another viewpoint but in an apparently objective ("cool") manner, offer plausible reasons for not agreeing, not necessarily being disputatious will mobilize an extended array of plausible reasons, often citing authorities there is little likelihood of being able to locate for verification, and go into a compilation of plausible "reasons" to demonstrate the validity of his point of view, his personal research, his own past writings to contradict the error of the disagreeing party's viewpoint. The plausible reasons are often filled with esoteric, erudite and arcane phrases and polysyllabic words. But the reasons lack verifiability, require taking it on "faith", both the accuracy and the meaning of what "Intellectualizer" has said. And on and on. ⁸

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⁸ Editor's note: US Treasurer and Federal Reserve Board Chairman typically play Intellectual. Listen to their words. Are they saying much?

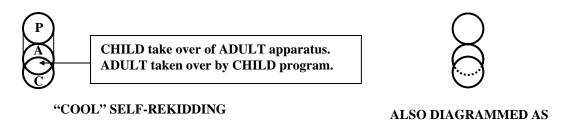


Figure No. 24

BEHAVIOR AND FILLING TIME

Behaviors can be classified according to their actions and effects on their social surroundings, ie Parent, Adult and Child. This is also referred to as Structural Analysis of Behaviors.

Behaviors can also be classified according to how the person is filling his time, what he is doing with his time. This classification of behaviors is referred to as the methods for Structuring Time.

For purposes of this writing the methods for Time Structuring fall into six classes:

- 1) Withdrawal,
- 2) Rituals,
- 3) Pastimes,
- 4) Activities,
- 5) Games, and
- 6) Intimacy.

<u>Rituals, Pastimes, Games, and Intimacy</u> are four different levels of <u>stroking</u> intensity between parties. <u>Withdrawal</u> and <u>Activities</u> are focused on <u>time</u> spent being relatively alone and/or with other people. ⁹

Activities can be further classified into Parent (eg home maintenance including caring for children), Adult (eg on the job work, driving, personal bookkeeping, reading, writing letters), and Child (eg sport entertainment, concerts, TV, play). Either the adapted Child or the Parent will take out the garbage, do the dishes and laundry.

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⁹ See "Transactional Analysis in Psychotherapy", E Berne, M.D., Grove Press, New York, 1961.

There is the class of Self-Rekidding activities, too. These are not games. The writing of an article by the Self-Rekidding person is an activity. The act of the Intellectual self-rekidding person writing and publishing an article is a self-rekidding activity. To this point, in this chapter on Self-Rekidding, we have stayed primarily with the structure of the behavior, ie Child contaminated Adult.

Games have been referenced periodically, for example earlier in this text. A game involves social transactions (conversational exchanges) between two or more people with concealed motivation, a gimmick and a payoff. ¹⁰

What about the Self-Rekidding that is evident in a lot of writings by behavioral scientists, political scientists, and the pseudo scientist writings in journals of other fields, in the printed "news media" with its slants, angles and spins, and in many books? The self-rekidding people who write these materials (for reading) have structured this time of theirs in an ACTIVITY; writing in support of a belief, or in order to support someone else's belief or the propaganda being pushed by the one paying the writer.

DEFINITION OF A GAME IN TRANSACTIONAL ANALYSIS THEORY

Definition of a game? "A repetitively carried out series of transactions with concealed motivation, ulterior transactions, a gimmick and a distinct payoff." ("Games People Play", E Berne, M.D., 1964.)

11 "Games People Play", E Berne, M.D., Grove Press, New York, 1964.

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¹⁰ See "The Game Diagram", FH Ernst Jr., M.D., Addresso'Set Publications, Vallejo, CA, ©2008.

THE GAME OF INTELLECTUAL

"Intellectualizing?" Not if you're a TA buff! "Why not call it playing a game of Intellectual? He plays Intellectual instead of using his intellect. Like a person playing a game of Alcoholic instead of calling it alcoholism." (Personal Communication from E Berne, M.D. in 1962 at SFTAS seminars, San Francisco Transactional Analysis Seminars). The diagram most fitting to show the social behavior central to the game of Intellectual, for purposes of this writing is the "Cool" Self-Rekidding diagram:



SELF-REKIDDING Diagram

Figure No. 25

GAME

The game of Intellectual itself is played with another, a reciprocally stroking party to prove a pre-decided "truth", a preconceived construct (belief) of the intellectual person, to dispute an authoritative person, to proclaim the "superiority" of Intellectual's Intellect, the "truth" he knows. It is played to convince legislators to be in favor of or against a piece of proposed legislation and especially during budget hearings to plead for (more) funds for specific programs and/or agencies. The gimmick of the Intellectual is in the name of the game, ie "(I can prove) my Intellect is better that yours." Most of those in the behavioral sciences have exchanged strokes with those who speak the language of Psychologeze. In past ITAA Conferences the game has been played to Transactional Analysis audiences.

The game of Intellectual is carried out repetitively with repetitive serial plausible social transactions, concealed motivation, ulterior transactions, a con, a gimmick and a distinct payoff.

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GAME

This game of Intellectual was alluded to in a feature article in an early issue of the Transactional Analysis Bulletin which eulogized Langley Porter Neuropsychiatric Institute's (LPNPI) beloved Guy Hamilton Crook, PhD. (Transactional Analysis Bulletin 1:3, July 1962, Editor, E. Berne). Bulletin Editor commended to reader's attention one of Guy's methods for dealing with players of the game of Intellectual. Guy gave them, the players awards, among the Medals and Decorations for Psychotherapists "are":

Aggressional Medal

Digressional Medal

Hot Air Medal (with Bluster Clusters)

Expert Trifleman

Supervisors Meddle

Obfuscation Decorations

This writer would add that the diagram for one of these awards be drawn as next.



Winner of a HOT AIR MEDAL with BLUSTER CLUSTERS

Figure No. 26

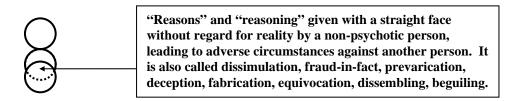
THREE HANDED GAME

<u>Intellectual is a three handed game</u>. The players are:

- 1) Intellectual,
- 2) Party being convinced, contended with, and
- 3) Sponsor, Intellectual's backer the party with power, money, votes, influence. This third party is more obvious in the examples of the Environmental game, a relative of the Intellectual game, ie moneyed non-profit conservation foundations.

EGGHEADS

President Roosevelt hired PhD employees to "dream up" programs, speak, write, lobby Congress and the country for various social engineering programs being pushed then. Initially, the term "Egghead" was applied to these people with PhDs. What they espoused was without regard for reality, speaking from their "ivory towers." Credence to what they said was supposedly based on them having their PhD degrees. They were also called "armchair theorizers", "intellectualizers", "intelligentsia", "hot air specialists", and by some obscenities, too. Faking the findings of laboratory tests in biological courses in school was called "dry labing it (the test, the research results)."



"EGGHEAD" PLAYER OF THE GAME OF INTELLECTUAL

Figure No. 27

Roosevelt's favorite Economist of the times was John Maynard Keynes. He was a superstar at making it sound plausible for government to spend money it did not have. For example he played the variant of Intellectual, the game of Economist. He encouraged more borrowing from the duplicitous

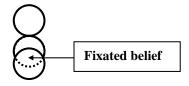
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International Moneychangers as they incrementally own more and more "mortgages" of the (private) property of more nations.

During WWII these "Eggheads" moved over into controlling civilian rationing and administering the draft law. They were in charge of dealing with shortages of draft quotas; allocating civilian personnel for building tanks, aircraft, and ships; rationing civilian supplies: sugar, tires, and gasoline, etc. Wasn't it Alan Cranston, the Intellectual, who was in charge of civilian rationing then? Wasn't he later the U.S. Senator of California? Who was his father? ¹²

THESIS OF THE INTELLECTUAL GAME

The thesis of Intellectual is "I can prove with my superior Intellect, from my own facts (researched by me and my colleagues, my writings, my other speeches) that I have something important to tell you (require you, order you to do, mandate you to carry out) that will benefit you." The basic premise of Intellectual player is a steadfast, firmly fixed belief, such as: "I know what I'm talking about, writing about." Efforts to get the person to differentiate between this belief and mutually verifiable, measurable data on the same subject are unsuccessful.



"COOL" SELF-REKIDDING of a straight faced, reasonable sounding individual who is being "Cool."

Figure No. 28

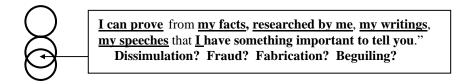


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¹² Editor's note: Will "Eggheads" be in charge of health care, CO2, Money, Education?

THESIS

The thesis of Intellectual is "I can prove from my own facts (research by me and my colleagues, my writings, my other speeches) that I have something important to tell you (require you to learn, order you to do)."



PLAYER OF THE GAME OF INTELLECTUAL

Figure No. 29

One such player known to the writer regularly can prove whatever his thesis-of-the-day is. He routinely has a churlish smile hanging on his face. He has been in TA since before the Annual Eric Berne Memorial Award for Scientific Theory was FOUNDED.

ANTITHESIS

The antithesis to Intellectual is "Your views (facts) differ from mine. I'll check it out for myself (with my sources)." When a party has been adversely affected by an agency and/or court ruling, it may decide to gather its own data and submit those new findings at another hearing, stating for example: "Based on our (new) findings the spotted owl not only is not an endangered species, but in fact from our herein verified and confirmed data, this species is over running the forests of the Northwestern USA."



NON-PLAYER RESPONSE

Figure No. 30

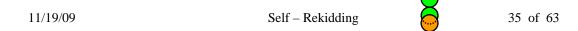
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Or, as in another example, an adversely affected party found another source of data: "The (Chinook) salmon in the Columbia River are not only not an endangered species, but hundreds of thousands are being clubbed to death, killed by United States Fish and Game employees and Washington State Fish and Wildlife Services (employees). This is according to Washington's State Senator Ferguson." ("The Free American", New Mexico, 2002.)

DEGREES OF THE GAME OF INTELLECTUAL

First degree Intellectual includes the instances where the player espouses his thesis: "It has been said, reported, I said it, I wrote it, I researched it, and it has been found to be true, I found this to be true beyond any (personal) doubt." The person stroking the Intellectual player does so voluntarily. The volunteer may have his own point to prove but, for example, advancement in his career which is not on the line. The volunteer can differ, question, dispute with Intellectual but will be responded to with a repeat of and reconfiguration of the previous plausible sets of Intellectual's phrases and "reasons", more personal "research" data and obscure literature citations which support the original premise and conclusions (opinions) of this Intellectual. After two or three runs at disagreeing with this Intellectual player based on other sources of information and views, and still coming to the same result, the other discussant may become exasperated at Intellectual and respond emotionally while Intellectual looks on in disdain (Intellectual's payoff). Or the other discussant may just let the matter die on the vine for a mutual GNW payoff with Intellectual. "What I'm telling you I have already backed up and proved with my own research. It would be good for you to listen to me and act on what I have said." In first degree Intellectual, responsive action by listener is voluntary without personal Adult loss.

Second degree Intellectual is played in situations where one of the parties has volunteered into a setting, and stands to lose or gain something of Adult value to himself. For example, such is the case of a candidate who has applied to take an examination before a "peer" board for advancement in his education or career field. While the social object of such an examination is to insure a specified level of competence, not unusually in reaching for his PhD, a candidate may well run into an examiner who is out to enforce his own personal set of "scientific beliefs" onto the candidate and/or prevent the candidate



from acquiring the degree if Intellectual's "findings" are disregarded. This can be done by asking certain very specialized, unexpected questions.

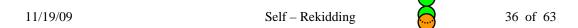
Second degree Intellectual was repeatedly observed by writer during the early years after Eric Berne's death. This occurred at the oral exams of the International Transactional Analysis Association. Those on the Examination Boards then, did this. Many excellent candidates for first level advanced member status were denied because of the Board's actions. Writer periodically asked himself then if Eric Berne, M.D. and founder of Transactional Analysis, himself, if living, could have passed some of those examinations for advanced member status in ITAA.

Second degree Intellectual is played also by some members of specialty medical examination boards, eg Internal Medicine, Pediatrics, Psychiatry and Neurology, others.

There are those occasions when a bright precocious candidate is found arguing with his Examiner. In those instances the candidate's payoff to his game usually will be failure in his examination, ie he will achieve a (temporary) get-away-from payoff, a dismissal, a "try again later."

Third degree Intellectual is played, for example, by members of land use hearing boards. In these cases the other party is mandated to be present and/or have actions taken against him that may be detrimental to him; there is a the third degree player(s) on that Board. Such has been witnessed at city planning commissions, an Army Corps of Engineers hearing, and in one case, for example, about a private property owner who drained a mosquito infested breeding area on his land. If such landowner had already drained his private swamp and later this was found out about, landowner could be subject to fines, if not loss of his own land, even imprisonment. The vague matter of "Wetlands" issues will be brought up by those hearing boards, and matters of health are disregarded.

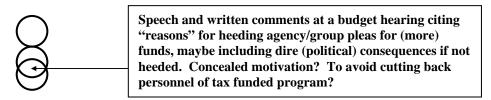
In the <u>second degree</u> game the <u>party</u> coming to the Board of Intellectuals <u>comes voluntarily</u>. In the <u>third degree</u> game the <u>party</u> coming to the Board of Intellectuals <u>is coercively brought</u> before the Board, subpoenaed. Or in the case of the northwest USA private property owners, who lost the use of their private property to the spotted owl, gun carrying enforcers from the US Department of Agriculture and US Department of the Interior came and forced them, the landowners off their land; blocked them from using their land. Consequences: many a bankrupted lumber mill owner in the northwest. Eviction of the People. Eminent domain for some owls?



LEGISLATIVE

The Intellectual game is played by legislators. And it is played by members-of-the-public testifying at legislative hearings, especially during budget hearings.

At budget hearings government agencies and special interest groups are often seen pleading with legislators for funds from the pool of tax money. Those pleading for money may select their best salesman to be their spokesman, perhaps bring a lawyer, a lobbyist, a person gifted at persuading others. These people will be effective players of Intellectual. Often they can be heard citing dire consequences to the community if such funds are not forthcoming. Writer witnessed this annually at County budget hearings when the Department of Community Mental Health would argue its case and promise dire consequences for the county citizens if the mentally ill in the county were not "properly cared for", by their then "already stretched thin staff."



IMPASSIONED INTELLECTUAL GAME PRESENTATION AT BUDGET HEARINGS

Figure No. 31

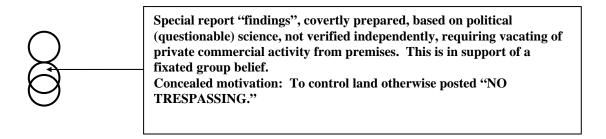
ENVIRONMENTAL GAME

Game of Environmental is a close relative of Intellectual. The players in this game seek, for example, to have a new species declared "endangered" in an area of public or private land, and then have the land itself be declared an "Endangered Species Habitat" (off limits for private economic activity).

The game of Environmental is also played with "Wetlands" (mosquito breeding lands). In this game, a group of like minded people (party #1) investigates an area of land, looking for a plant or animal species it could label as "endangered", eg the "salt water harvest mouse." When it finds a species, it will privately make its own finding, AND privately (often covertly) produce a lot of private

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numbers and paper to support its claim that the species is "endangered." ¹³ Then party #1 produces a document certifying this private research, and presents the privately certified document to eg the EPA (party #2). Shortly after the EPA accepts and finds in favor of the endangered species in question, it notifies the property owner (party #3). Owner has a short period of time to draft its own responsive report, to respond before he loses the use of his private property. The (private) property owner can contest the agency "finding" in court (party #4). The private party is often surprised and caught off balance, has little time before the agency implements its ruling against any (former) human life sustained by the productive economic activity on that land. (It is nearly impossible to defend against those groups and individuals with deep monetary pockets, game players 1, 2, and 4. Equal Protections?)



INTELLECTUAL SELF RE-KIDDING PRESENTATION OF WRITTEN "FINDINGS" TO GOVERNMENT AGENCY

Figure No. 32

When talking to a player of the <u>Game of Environmental</u>, one has to be careful to avoid subjects related to the Environmental player's set of personal beliefs, about the environment. If this dictum is not adhered to, a person often gets bogged down in listening to a recitation of Environmental's particular beliefs ending in a Get-Nowhere-With payoff in the game, with him. This is a three handed game, occasionally a four handed game similar to Big Store. ¹⁴

- 1) Intellectual/Environmental party,
- 2) Persuaded (Coerced) party,
- 3) Backer of Intellectual, eg EPA.
- 4) A 4th party may be Big Stick (politician, legislator, judiciary).

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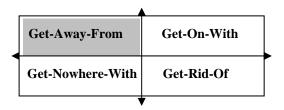


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¹³ Editor's note: Lawsuits to save California Delta Smelt fish, Sunday Edition, San Francisco Chronicle (Nov. 15, 2009)

¹⁴ Ernst, FH Jr., M.D.: "The Game Diagram", Addresso'Set Publications, Vallejo, California, ©2008.

In the case of general society, the Intellectual player, who is out to prove "the truth" of his view, may occasionally be vanquished (take a Get-Away-From payoff) in his game. For example he storms off from the premises where he became enraged.



PAYOFF of GET-AWAY-FROM in Game of Intellectual/Environmental

Figure No. 33

But more often, the Intellectual/Environmental player at the least stymies (has a Get-Nowhere-With payoff with) his fellow game player, (his opponent). In instances where his backer has the votes (contributes to political campaigns), money, power, muscle to prove Intellectual/Environmental "has in truth" "proved his point," then he is the vanquisher. He has a Get-Rid-Of payoff in his game vis-a-vis his opponent. For example, runs the owner off of the (sacred) wetlands property.

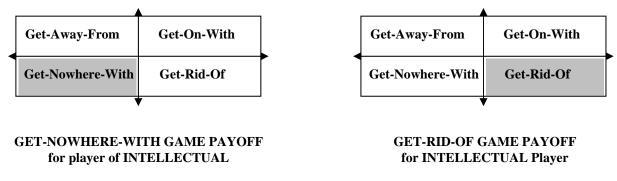


Figure No. 34 Figure No. 35

To date, writer has not witnessed, or read reports of any Get-On-With payoffs to the game of Intellectual/Environmental. The fact is, the vast majority of social encounters of non-believers with the Intellectual/Environmental players end by the non-believer cutting his losses short as soon as he can, by terminating his own verbal transactional contributions in the particular encounter. Those who don't avoid encounters with Intellectual/Environmental player soon find that they are embroiled in this

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player's game if any aspect of player's belief system is touched on, with the payoff (for the non-believer) of being stymied (over-talked) or dismissed after any presentation of his own. This type of sequence is similar to the experience when dealing with social racketeers. <u>Social racketeers are people displaying socially coercive feelings</u>. ¹⁵

LAWLESS IMPOSITION OF ENVIRONMENTAL GAME PARAMETERS

The <u>gimmick move</u> of the game of Intellectual Environmental is described as follows. It <u>is the research</u>: privately (secretly) carried out, non-verified, political science, pseudo science "Environmental" research.

In contrast to "lawful/legal" is "Legal," that is not done in secret. In some instances, as with the "endangered" spotted owl species, (because of which the northwestern US lumber industry was closed down in the 1990s) eventually the private economic interests (land owners) collected a series of verifiable, non-secretly carried out sets of research which refuted the initial private political science research. By that point, as in the case of the northwest lumber industry, the issue had become a political matter, ie the continued enforcement of the ban on the private human economic use of the land fell into in the hands of the lawyers and politicians. The same is true with "Save the Sucker Fish" in Klamath Lake circumstance in which the 100 year old lawful continuing contract, between property owners and the US Department of Interior, Bureau of Land Management, for water for the 200,000 acres of fertile agricultural land was arbitrarily, abruptly, and unilaterally abrogated (shut off) in 2001. The National Academy of Science published findings to the contrary immediately after closing down the water supply to the farmers. The water supply is a political matter, ie rule by men vs rule by law. The matter of law was eventually settled to re-open the water supply to the landowners.

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¹⁵ Ernst, FH Jr., M.D.: "Coercive Feelings, Psychological Rackets In The OK Corral", Addresso'Set Publications, Vallejo, California, ©2008.

¹⁶ Editor's note: Recently, Fall of 2009, the California Legislature cut a deal with the Governor to let the voters decide if the dams on the Klamath River would be torn down.

INTELLECTUAL GAME PLAYED BY LAWLESS GOVERNMENT

Starting in the 1930s, under President Roosevelt, many socialist programs were introduced and passed in Congress. These included limiting the acreage an individual farmer could plant in wheat. Other programs paid farmers to butcher their "excess" hogs on the land, destroy their herds of milk cows, etc. Each of these programs had been lobbied for in Congress by persuasive players of Intellectual. These Intellectual / Environmental players of, for example, Save the Salmon, continue today to devise reasons why the electricity output from the Bonneville Dam (across the Columbia River) can not be doubled as it had originally been designed for, without raising the water level behind the dam or interfering with the fish annually swimming up the river to spawn.

BAN ON DDT

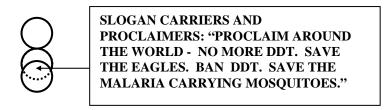
DDT is THE agent for controlling mosquito populations, therefore controlling malaria around the globe. In the mid-1970s a group of Environmental game players persuaded the federal United States Environmental Protection Agency to lead the way in a worldwide ban on the use and production of DDT. The initial "studies" on DDT, prepared by Environmental game players have since been proven to have been rigged. During those studies high doses of DDT were force fed to their test animals. Doses many times (15 to 50 times) more than any possible natural occurrence were introduced into some enclosures where captured Bald Eagles were fed this "doctored" food. The result was that the egg shells became severely thinned. The intent, by methods intentionally carried out, was to "prove" that the Bald Eagle birds could be poisoned. Here, the Environmental players were out to prove, and did prove that their personal point of view went well beyond the bounds of using their intellect, into the sphere of fraud in fact, social malice, and felonious activities.

Subsequent scientific studies have "suggested" that the effects of DDT on humans, Bald Eagle birds, bass fish, etc. are uncertain. DDT may, in fact, be inert. There is lots of room for real science, verifiable science that is not politicized, influenced by endless supplies of "federal moneys." ¹⁷



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¹⁷ Editor's note: See the web site http://en.wikipedia.org/wiki/DDT



"EGGHEAD" PLAYERS OF THE GAME OF ENVIRONMENTAL

Figure No. 36

There are (a series of) organizations which are dedicated to making rules and laws which are based on intense emotion. The social and political power of the organizations is based on the intensely expressed emotions of the members, not on specific measurable goals and objectives. And they have (say they have) their "reasons" for these intense emotions. These "reasons" are associated with a set of strong words, written and verbal. These reasons are inexact and vary from time to time. The organizations recruit members from the public and they hire (pay) lobbyists (money) to help them get certain legislation enacted.

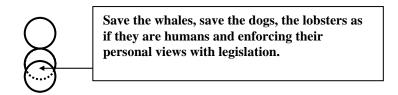
SPCA (Society for the Prevention of Cruelty to Animals) has offices in many communities. If a neighbor doesn't like how someone is dealing with his or her dog, he may call the SCA. SPCA officers may be requested (one of its deputized GUN CARRYING employees/members) to go to that residence and "visit" the party, reputedly being cruel to his own animal. The agent of the government (and the SPCA) may decide that the owner of the "cruelly treated" dog should take the dog to a specific center for animals such as UC Davis, Clinic of the School of Veterinary Medicine for "examination and treatment." The owner of this particular dog has now lost control and handling of his dog. If the owner does not comply with the agent of the SPCA, the owner can be arrested, tried, fined, and jailed as we have witnessed and are informed by SPCA.

"Cruelty to animals" is an emotional term, laden with feelings. The other term used is "vicious animal." Where is the objectivity? The owner had been led to believe his dog was "his property," but it turns out the animal is not his property. The animal and owner are presumed, treated as if they are guilty.

"Cruelty to animals" is not a concept or a term lending itself to finite measurement, can not be defined in Adult terms. But an abundance of (emotionally laden) reasons are available to throw at some party who has been called/labeled "cruel to his animal." A person who has purchased a live lobster to eat, we learn, might be a "cruel" person if he boils **his lobster** to eat it. The business of people like this,

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who call others certain things, accuse, label, brand others derisively, those who anthropomorphize the animals of others with their sensitive feelings for animals, has often been turned over to the legislator with his political backing against the owner, and his animal.



SPCA and Save the Whales

Figure No. 37

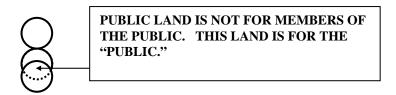
The non-profit Sierra Club was founded on the goal of preserving certain aspects of non-urban lands. In many cases owning the particular "land in the wild" after everything was said and done (lawsuits, blocking GOW). For example, exerting influences through legislatures determining how certain public lands are NOT to be used, for the sake of preserving them (eg) for other purposes, in future generations.

The goals of the Sierra Club are not measurable except, in the instances of preventing the (previous) private economic use of particular now urban, non farming lands. Use of national or state forests for private livestock grazing is objectionable, is objected to. Why? "Because the live stock will eat the grass and the owner of the herd who has paid his grazing fee will get privately rich off that use of that land."

Envy?

There is no finite measurable reason for the goals of the Sierra Club. But there is a large body of emotional display which "The Club" can call on to emotionally pressure legislators.

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PUBLIC LANDS and "PUBLIC LANDS"

Figure No. 38

So also, there are large numbers of people with intense emotional views with many "reasons" and words with which they justify their views.

United States Environmental Protection Agency (EPA) (Figure No. 39)

United States Endangered Species Act (ESA) = "save the sharks, save the snails, save the worms."

LNG – Liquefied Natural Gas. Re-gasification of the clean fuel. "Not in my backyard." (Fig#40)

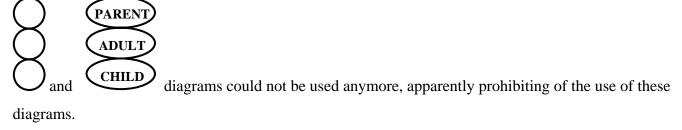
Nuclear Power Grid and use of electricity was built, in place, by the people before "the people" learned how "dangerous" electricity was.

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GAME OF INTELLECTUAL and Transactional Analysis Association "Leadership"

Officers of and the Board of Directors of the International Transactional Analysis Association (ITAA) "Trademarked" the use of some of the words and maybe some of the diagrams used in transactional analysis with the US Trademark Office. It was never clear why certain ITAA elitists did this in the 1980's. Notices were published in the organizations journal (Transactional Analysis Journal, TAJ) stating that the stacked circles (Figures 41 and 42).



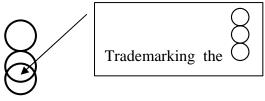


Figure No. 43

This effort, by a few, to trademark the three stacked circle drawing a failed, or did they? These diagrams/drawings have been made part of the public domain, and are used around the world. Attempts to discourage use of these diagrams and drawings was facilitated by the Intellectual game players and Self-Rekidding. Attempts to lock up "Transactional Analysis" as a body of teachable knowledge was intended, and the means taken advantage of were the Intellectual game and Self-Rekidding. Such an

effort by individual members and officials of ITAA can readily be diagrammed as . (Figure No. 44)

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This is an effort to self-rekid.

Figure No. 45

Those members, then, were also quite emotional in the assertions of their "reasons," their attempt to lock up all use and writing about "Transactional Analysis." Many published complaints, letters to the editor, regarding the prohibitions appeared in "the journal" then. It is reported to writer here that the trademark office did grant ITAA a trademark on the term of "TRANSACTIONAL ANALYSIS" in all capitalized letters. It is not clear what happened to the stacked three circles. Rarely now, does one see these drawings and diagrams being used in print these days. Is this by design? Has quiet verbal derision of the tools Eric Berne, M.D. and other professionals developed continue today? The predictable consequences of publishing warnings then, in the early days following Berne's death, within the organizational literature have become quite clear. The (written and spoken) warnings, threats, innuendos, suggestions, and obliques scared people out of using transactional analysis. The damage has been done.

Eric Berne, M.D. and others, in the early days, used these drawings, diagrams, and art work in their privately published writings. They wanted people to use them.

GAME OF PSYCHIATRY

The game of Psychiatry is a variety of the game of Intellectual. It is played, for example, by some patients, students, and by some psychiatrists. In this game the patient's Child, overlapped into his Adult, learns and uses the language of psychiatry to fend off his psychiatrist and avoid facing his problems. Instead the game player is intent on proving psychiatric treatment could not help or cure him. This game is played in individual, and in group psychotherapy. (See game of Psychiatry, "Games People Play", Berne, 1964).

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INTELLECTUAL RELATIVES

Other relatives of the game of Intellectual include "<u>Gang Leader</u>" ("Anybody else with a question?"), "<u>Standard Deviations</u>", and "<u>Snake Oil</u>" which was sold at western frontier "medicine shows" during the late 1800s.

OBVERSE OF INTELLECTUAL

The game of Double Blind is the obverse of the game of Intellectual. For example, in the game of Double Blind someone volunteers to be a party to a medical study. Medical dictionaries define "double blind" as "developing a study of the effects of a specific agent in which neither the administrator nor the recipient, at the time of administration, knows whether an active or inert substance is given." (Dorland's Medical Dictionary, 25th Edition, 1974, WB Saunders Company). Neither the volunteer nor the nurse administering the medicine (nor her hospital/clinic) knows whether the individual volunteer is getting an active or an inert substance. And the volunteer has no assurance about what he will get from being in this, (eg) a study of a new medicine.

In this game of Double Blind, neither the Volunteer nor the Administrator knows IF what is being given, sold or peddled to the Volunteer might be of possible value, (harm) or alternatively have no effect on him. Only the, behind the scenes, Beancounter party knows what the Volunteer is being given. And then that volunteer is not a person, only a number, an unidentified person. If what the Volunteer has received harms him, or doesn't help him, it is pointed out to him that: "You asked to be in it." This is the gimmick move in the game. If the material or service does help: "Thanks for helping me (us) prove it." This is the other side of the other side of the same gimmick. ("It wasn't for you that we gave this. It was for the greater good of the greater number." (our business affairs, the USFDA - Federal Food and Drug Administration). (See also games of Wooden Leg, and Rickshaw as described in the book written by Eric Berne, M.D. "Games People Play", pg 161.)

The boss of the Beancounter (a member of the of the Beancounter party) stands to make a profit if the right things happen. The Administrator/clinic (party) stands to make a wage (fee) from participating.

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SETTINGS FOR DOUBLE BLIND

Double Blind is played among others: clients with lawyers going to court, volunteers recruited by the Armed Service Recruiter offices, those who volunteer for an armed force reserve, those recruited by others to invest in the stock market based on "Hot tips", by some families buying or selling real estate, members of public required to take "immunization" injections, a person taking a friend when purchasing a secondhand car (who can guess ahead which one is going to be a "lemon"), and most people when they talk to friends to learn who to vote for at election time.

Anyone who has volunteered for the armed force is nolonger sure that he will be able to decide for himself where he will live (be stationed), what kind of work he will be assigned to, what days of the week will be his "weekend." A soldier follows orders.

An individual, with his lawyer going to court, does not know when his case will be "heard," what the outcome will be.

With credit cards, the terms of the agreement may be unilaterally changed without the cardholder being particularly aware (a fine print notice among the varieties of advertisements in the envelope and a statement written for sophisticated accountants).

Home buyers often are not told about the ramifications of the promissory notes they sign, the conditions they sign, the releases, etc. [Some people don't read the "fine print. The agents are busy and in a hurry. Buyers feel not-OK; "mountains" of paperwork.]

A person entering a hospital is assigned a physician for his case (often his own physician) who is responsible for his (patient's) hospital examination, writing orders for patient's care, and discharging him, etc. Patient is required to sign an application contract for admission with the hospital in which he (the patient) "volunteers" to follow hospital rules. If patient has surgery, the body part cut out from his body is now the property of the hospital thereafter. The gimmick of the game is the same "You asked to be here (in it)." Neither patient nor his administrator/physician knows for sure if being in the hospital will result in benefit, no change or a worse condition (including death) at end of the patient's voluntary stay. [Public Beware] [Ask for the body part. See what happens.]

An example of a third degree game of Double Blind, for example, is in the case of the anthrax immunization shots mandated for armed forces personnel in the early 90's and early 2000's. Neither the ones getting the shot, nor those administering the shot knew what the effect on the person would be. The

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effects have ranged from being severely harmed (ill), to providing immunity to the person without adverse effect.

In the game of Wooden Leg the gimmick line is "What can you expect from a person with a wooden leg." Its obverse is the game of Rickshaw, "What can you expect from a town that doesn't have any rickshaws." (See "Games People Play", E. Berne, 1964, p152.) "Wooden leg" references being handicapped. For some, handicapped is to be poor from birth, "I'm Irish and we all drink", "I had a bad childhood", being black, or an insanity plea? "I'm handicapped, can't you see. You couldn't really expect me to get up from my beggar stall here on the street and take a job, could you?"

Literary examples of obverse phrases are:

Nobody is infallible. Everybody is fallible.

Partly cloudy = Mostly sunny.

STARGATE STORIES AND DOUBLE BLIND GAME

"... To go where no man has gone before..."

Explorers know what they are getting into. "They don't know."

The Blind Date EXAMPLE OF DOUBLE BLIND game.

Neither of the parties knows whether the upcoming date will be a pleasure or a drag; if the other party will have (additional) ulterior motives, or hidden agendas. Some of these blind dates are arranged by a couple who knows each other of the two. Hence, a "double date."

There is a commercial enterprise in the San Francisco area that has capitalized on blind dating, "Dinner for Six." This firm arranges for three men and three women, who do not know each other, to meet at a dinner date.

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DOUBLE BLIND, A THREE HANDED GAME

Double Blind is a three handed game:

- 1) Volunteer,
- 2) Administrator/Agent party,
- 3) Beancounter (eg an individual, a firm, a judge in a court, armed forces, etc.) who has no personal relationship or concern for the individual volunteer. He is only concerned with the number of volunteers available for the study, the number of cases to be heard, the number of personnel slots to be filled.

The game of Double Blind is played by the United States Federal Office of Budget and Management when it submits the President's Annual Budget to Congress. The final budget of each house of Congress (Senate Budget and House Budget Committees) goes to a "Joint Committee" which makes the final "compromises" in the final document. The final document is not debatable. As a rule, it is so large that particular Congressional offices can and often insert special features into it with far reaching consequences in law that don't come to light until well after the members have voted "final" approval. [Employees in the government offices are committing "favors"; inserting last minute, non-debated, secretly prepared documents. Come on guys.] What the members of Congress and Senate voted on finally, is a Double Blind package. [They openly admit they DO NOT know what's in the bills.

Come on guys.] One way Congress has gotten around some of this is to pass "continuing resolutions" to continue to extend funding for programs, perhaps varying the amounts which are included, are to be "continued" in the federal government.

Recent United States Congressional efforts to push through Health Care Reform, and Cap and Trade Legislation are classic Double Blind games. They keep adding pages to the several thousand page documents, there are several versions floating around, you can't have more than 72 hours to read it, and then the rules of the process keep changing. ¹⁸

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¹⁸ Editor's note: Congressional "hearings" on a Saturday night reminds me of the TV show "Saturday Night Live."

City Councils play Double Blind with the public and special interest groups pleading for funds at budget time. Councils often will not take final action at the hearing, instead taking the contents of the hearings "under advisement", may refer the material to a special Committee of members to make the decisions, then announce, perhaps amend the result at another Council meeting when the Council as a whole votes on it. Sometimes neither the Public-At-Large, nor special interest groups hear how the final decisions were arrived at. Supposedly deliberations about public fund (tax) expenditures should be made in public so that the public can see how each individual elected council member arrived at his individual decision (vote). That is the law, but it is not regularly adhered to. Decisions, in fact, not infrequently, are made behind the double blind curtain, outside of public view. It will be unknown what the trade offs were which individual members made, what trades with each other were arrived at, for the final product, the budget.

You've heard the phrase "BUYER BEWARE."

People are beginning to understand "PUBLIC BEWARE."

THESIS of DOUBLE BLIND

The thesis of Double Blind is "Nobody here knows if what you have volunteered for (to take part in) will be of benefit to, harmful to you or do nothing for you. But if it does help you, it will prove to be wonderful for (society, medicine, justice, the country, all of us)", (be good for the greater number in society).

AN ACTIVITY OF INTELLECTUALS

Written articles are not games. These are the result of an activity. They are Adult activities. Or they are the result of Child contaminated Adult activities. Many, if not most of the articles published in the quarterly issues of the Transactional Analysis Journal, during its first quarter century were, in the opinion of this writer, the result of a self-rekidding activity.

Self-rekidding activities produced many, many articles, especially those which were in support of a particular hypotheses about Scripts, Counter Scripts, Miniscripts, EpiScripts, Injunctions, Script

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Matrices, etc. Such artifacts (of two dimensional, dead end script theory) are material used for later referencing and citing when the Intellectual author is playing his game with someone else. For example, the Intellectual player quotes the "literature" on the subject in support of "proving" the superiority of his Intellect.

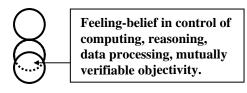
WRITTEN "INTELLECTUAL SELF-REKIDDING" IS AN ACTIVITY IN BASIC TA THEORY

One of the ancillary features of the Intellectual game is the element of quoting from earlier written, published articles by the player himself, or by someone else which the Intellectual player can later recite and quote as references ("reasons") for his particular beliefs or have somebody else quote from.

Writing, itself, is not a game. It is an **activity**. Writing is another way of structuring time. Writing is an **activity** carried out by an individual or a group, alone, to get a particular thesis, concept, story into print (for others to read). Any article "written" by multiple authors is one in which various aspects have been contributed by different individuals, (eg) originator of thesis, researcher, editing person, rewriter, a better known senior person lending his name for social status, a senior person in a department, etc. The fact that there may be some games played behind the scenes in these instances is peripheral to our considerations here. An article, book or set of volumes will stand on its own merits and reputation regardless of the social interactions of the writers, collaborators and publishers in the background. Later stigmatizing, censoring, restricting of availability of a publication, magnifying the importance of the work later, these are other matters.

Pushing a pen, pencil or typewriter carriage across a sheet of paper character by character, or moving a typewriting cursor across a computer screen, letter by letter, in order to convert mental imagery into written words, such a set of actions is an **Activity** which does require Adult participation. In the case of Child contaminated Adult, the Child of the person, is programming the Adult activity and also blocking out considerations of verifiable data from independent others. The physical "typing" is an Adult **activity**.





CHILD CONTAMINATED ADULT, SELF-REKIDDING ACTIVITY

Figure No. 46

The **activity** of writing involves converting spoken words and written mental pictures into written words. Words are, in themselves, auditory symbols. Each language has a unique set of auditory symbols it uses to convey messages, information and mental pictures from one person to another, ie in social (stroking conversational) transactions. Converting the spoken word into the written form involves a second set of abstracting, translating a set of spoken symbols into the written word (alphabetic letters of which they are composed), for example, when using a another set of symbols to mentally manipulate, translate into and out of. This is to show that converting mental imagery, on which all behaviors are based, into writing involves at least two sets of reasoning computations, two levels of abstraction and conceptualization. Even so, Child based feeling beliefs can be the source of a considerable body of written, published material. The Child of many a person is extremely resourceful and skilled at almost totally controlling ("conning"), seducing his own grown up (Adult) self into furthering his Child based ambitions and life programs.

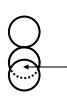
The writing and publishing of self-rekidding articles (sometimes referred to as artifacts) is an **activity** of the writer person. Such self-rekidding articles may then be used (read and/or memorized) and cited as "reasons" by later readers in their particular game of Intellectual.



JUDICIARY

"Case Law," the cases written up in law books have a lot of the Intellectual in them. A classic printed third degree written Intellectual Activity is described by Richard C Bentinck MD in "The Death of the Constitution." (The Barnes Review, Vol 8:2, March-April 2002, pg 39 and Vol 8:3, May-June 2002, pg 71). Dr. Bentinck describes in his pair of articles titled "Death of the Constitution," how, in 1818 John Marshall, then Chief Justice of the United States Supreme Court changed the meaning of words. In the opinion written by "the judge" in the case of McCullock v State of Maryland he convoluted, involuted, obvoluted, corrupted, took liberties into his own hands to redefine the meanings of two words: "necessary" and "proper." (Motive?) These words are the fulcrum in the United States Constitution, as written into Article I, Section 8, Paragraph 18. Bentinck shows how Marshall filled (wrote) 25 printed pages into Case Law "proving" (justifying) he was right by redefining these two words: "necessary" and "proper." "Necessary" no longer meant **necessary**, but instead meant "convenient." "Proper" no longer meant **proper**.

The "concealed motivation" was to place (a branch of) the federal bank (in Maryland) beyond the power of the state of Maryland to tax, therefore beyond the power of the state legislature of Maryland to regulate by its state laws as intended by the framers of the United States Constitution. The federal bank had been incorporated by the United States Congress, in violation of the words of Paragraph 18 of US Constitution Article I, Section 5.



"Reasons" given with a straight face by a non-psychotic person, leading to adverse conditions for the states of the USA versus the federal gov't powers. In 25 pages of legal opinion Chief Justice John Marshall, US Supreme Court Justice arbitrarily changed the meaning of the English language in the phrase "necessary and proper" in 1818. "Proper" became an adjective and/or an adverb "modifying" the word "necessary" which itself was "newly" defined to mean "convenient." Would this be called dissimulation? Fraud in fact? Prevarication? Deception? Fabrication? Equivocation? Dissembling? Beguiling?

AN INTELLECTUAL SELF-REKIDDING US SUPREME COURT JURIST

Figure No. 47

Bentinck's writings and Chief Justice Marshall's 25 page "finding" shows the judge's "concealed motivation." The opinion, ruling, effectively and with unilateral forethought invalidated a

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considerable portion of "States Rights and powers" written into the Tenth Amendment of the United States Constitution vis-à-vis "federal powers." Governing powers not (explicitly) delegated to the federal government, nor prohibited to the states were reserved to the states and the people (of the states). The "concealed motivation," for the later game playing by Judiciary Intellectual players and lawyers, has been their ability to cite that printed case of self-rekidding. Intellectual judicial opinions are often used as a prominent "reason" in their games to prove they are right. Judge Marshall's opinion is worshipped in law schools and has been cited repeatedly. It has "given birth" to the "assumption" by judiciary Intellectual players of the US Supreme Court that the US Constitution did not mean what it said, but that there were "implied powers" granted to the federal government by the Constitution. The 25 page opinion by Marshall is referred to in these two articles by Bentinck as "doublespeak." Marshall was Chief Justice 1801 – 1835.

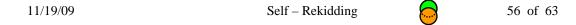
Bentinck speculates that there may have been a possible relationship between John Marshall and England's super, super banker at the time, Nathan Rothschild. Nathan Rothschild then, had only recently increased his own wealth two or three magnitudes of order. Mr. Rothschild had manipulated the London (English) bond market to his benefit. He did this in the interval of a few hours. Today this is known as insider trading. Mr. Rothschild's private courier service informed him about Napoleon's loss in the battle of Waterloo a few hours earlier. He, Mr. Rothschild withheld key information, and (manipulated?) the news reaching the general public, about England's supposed loss to Napoleon in the same battle. This disinformation, the story was maintained in London for about a day. That misinformation, the story that British troops and forces were in confused, retreating disarray from Napoleon was the one day period that Nathan Rothschild needed to buy up millions of (shares) English bonds for pennies as the misguided public dumped them. Hence Rothschild's great fortune/power, at the expense of others panic, ruination, slavery.

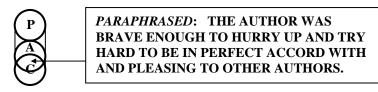


TAJ PUBLISHED SELF-REKIDDING INTELLECTUAL ACTIVITY

The following material is primarily about the writer's experiences in Transactional Analysis. For this reason, most of the examples and discussions of the written Intellectual Activity here will center on reviews of the Transactional Analysis Journal (TAJ) and personal experiences in being actively associated with, both the deceased founder of ITAA and many of its early members. Next are some examples of Intellectual, self-rekidding activity in published form as abstracted from TAJs between the years 1970s and the 1990s.

- 1) "I have found ... (and proved in my five earlier papers)... that rackets are substitute feelings ... and that Berne had a mistaken assumption, ... had a blind spot (because I say so))." (See also TAJ 7:2, April 1977). The gimmick is whose facts will be used to prove what? Coercively? Misrepresenting what? Concealed motivation, eg facts not allowed to be considered?
- 2) Synopsis of an article is paraphrased here: "I have found I can re-parent some of my clients and I have reparented myself." This example is well written in the manner of a bedtime story, easy reading, reader not bothered or taxed by any after thinking, figuratively this article contains some colored marshmallows, no diagrams. (See also TAJ 4:3, p 32 and EB, TAB 3:11, July;'64, "Marshmallows" vs "Strokes": Authenticity).
- 3) Another example. Titles used by a professor type: "The Racket System and Racket Analysis" (See also TAJs 9:1 and 13:1), and "Ego State Analysis: A Comparative View" (See also TAJ 11:2).
- 4) A classic example of written Intellectual, self-rekidding Activity is a five page article about the Mini Script with author tying in the mention of structural analysis, OK and Not-OK Parent, the OK Corral, discounts, rescuer, persecutor, protection and permission and including two pages of compound, complex, complicated, confusing diagrams. This was a Herculean task. It was as if author was trying to condense too much data into his synopsis of his own work. Your writer here was led to the conclusion, that author believed he could write in a manner, so he hoped, he would be in perfect accord with and pleasing to every other significant author and writer in Transactional Analysis, to that date if he but tried hard enough. Anyhow he was brave enough and hoped that if he hurried up he could do it. (See also TAJ 5:3, p 267-271.)





SELF-REKIDDING

Figure No. 48

ADVANTAGES OF PUBLISHED INTELLECTUAL SELF-REKIDDING ACTIVITY

The biological advantages of publishing include the strokes a person gets for having "published."

The <u>existential</u> advantages of publishing is that it gives a meaning to the life of the person in being published, ie his name in print, "leaving his mark."

The internal psychological advantage of publishing: "There I did it, something."

The <u>external psychological</u> advantages of publishing are variously: social status, proved he was a "smart" person, did what it took to get his material reported, proved his point.

The <u>internal social</u> advantage of publishing is (eg) "Publish or Perish", enforcing personal views onto others, doing what his backer asked, ordered.

The <u>external social</u> advantage of publishing are citing one's own publications in a "resume" aka "curriculum vitae", getting one's name attached to a "finding."

ADVANTAGES of PUBLISHING FOR SELF-REKIDDERS

The volume of articles demonstrating the written Activity authored by Intellectual players appearing in the Transactional Analysis Journal during its first thirty years has been estimated by this writer to be 50% of its printed pages. This is not particularly different from most medical periodicals coming across this writer's desk during the same period. If a specialist in the field has a hard time understanding the articles in the periodicals of his specialty, it is probably because the authors are more likely out to prove a personal point, not necessarily in accord with other verifiable (findings), maybe not especially clear even to themselves. Engineering? Architecture? Biology? Science? Medicine? Psychology? Ecology? Astronomy? "Political Science?" "Government Findings?" -- in academia, too?

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For some Intellectual players, the Activity of getting an article published is the payoff of the game. A rejection of an article is a payoff. An extended delay before notice of acceptance or rejection may be a temporary Get-Nowhere-With (GNW) payoff to the game. Much of the work (**Activity**) is to fashion the title and/or content, ie to wordsmith the material in a manner to prove the Intellectual thesis of the writer in order to get the particular article published by the particular journal. Concealed motivation? To coerce others later? To persuade other parties that the author's personal brand of written "snake oil" is the best? To add to the number of articles published by the particular author?

ADVANTAGES IN FIRST DEGREE PUBLISHED INTELLECTUAL ACTIVITY

"It's IN PRINT." It must be so; the supposed credibility of the printed word, at least the ability to cite the particular article in later years when playing a game of Intellectual. Inventing "new games", and other "findings" in order to have the particular person's name attached as the basis for an article. (See Transactional Analysis Journals 1970-1990)

SECOND DEGREE PUBLISHED INTELLECTUAL ACTIVITY

Second degree published Intellectual is seen in the instances in which what was published then became doctrine, for example in the examination of candidates for Advanced Membership in Transactional Analysis. This writer can conceive of nothing more daunting than trying to memorize everything written by the winner of the Eric Berne Memorial Award for 1977, let alone the 1978, 1979, and 1980 award winners. This is based in particular, on the fact that much of what these individuals had written and taught had <u>not</u> been independently verified by other writers and teachers, was based on personal research, was personally espoused by the individuals. In second degree published Intellectual Activity there is the quality of ordering the reader/listener to attend to what the Intellectual has said and written. With second degree published Intellectual Activity (Game) there is a mandate placed upon a significant percentage of the readers of and gatherings at particular organizations who have volunteered to become a candidate for Advanced Member status in ITAA.



ADVANTAGES OF SECOND DEGREE INTELLECTUAL PUBLISHING

Publish not Perish

Establish doctrine in a field of work. Eg in Transactional Analysis

Mini-script; Injunctions; Decisions and Redecisions;

Rackets are substitute feelings;

Self-Reparenting.

ADVANTAGES

RESULTS from the publication of these reports supporting third degree games include:

- Environmental projects, eg San Francisco Estuary Project, CAL-Fed Central Valley project as part of efforts by "Environmentals" to take over control of all of Central California Valley water; the closure of 200,000 acres of Klamath basin fertile farmland, for a year, two, or more in order to save the "sucker fish" of Klamath Lake, Oregon. ("Access To Energy", Art Robinson); tearing down useful, safe water storage dams.
- Double Speak pronouncements with teeth, eg Supreme Court opinions.
- Much legislation with binding effects on future generations.
- Much of case law, again with future binding effects on later people.
- United States EPA agency orders discontinuance of private use of, evacuate certain private properties without compensation.

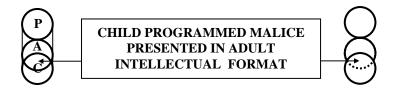
THIRD DEGREE PUBLISHED INTELLECTUAL GAME (SELF-REKIDDING)

In <u>third degree Intellectual Game</u> there is a requirement, a mandate, a command made which affects many people. This appears in many pieces of federal, state and local government legislation where the legislative debates contain a lot of "hot air", and "double speak" in terms of the reasons given by lobbyists to the legislators. And legislators later give to each other in order to secure passage of

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certain bills, eg anti-freedom bills. When reading through state legislative bills it is not uncommon to see (in print) something similar to "We the people (legislature) of California in order to protect the health, safety and welfare of the people do hereby find (it to be a legislative fact) that ... " as the supposed basis for a bill. In fact, it is not unusual to find that after the bill becomes law it operates against the health, safety and welfare of the people of the state, eg the bicycle helmet, seat belt and automobile safety air bag laws, California Community Care Licensing laws, Redevelopment Law, etc. What was the legal result to the people of the USA from passage of the 2001 AD act of Congress called the "Patriot Act?" The effect on the people of the 2002 AD Congressional bill for "Homeland Security?" Read what Senator Harry Byrd had to say on the subject.

These "advantages" are really consequences laid onto the public.



"COOL" INTELLECTUAL SELF-REKIDDING

Figure No. 49

"THE PROFESSOR"

The following have more to do with "The Professor" in the Child:

Prejudice (Parent),

Critical parent,

Pig parent,

Re-parenting parent,

Re-decision parent,

Self-rekidding.



Position and "The Professor"

The term "position" refers to the favored Childhood method of resolving encounters with the intimates in the particular person's life.

"How do I handle my mommy?"

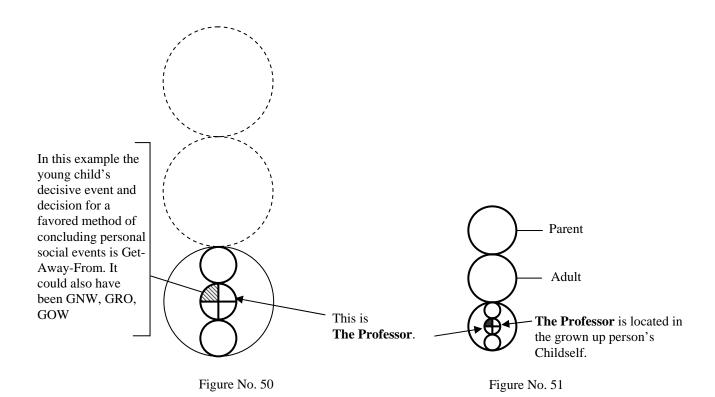
"How do I approach my sweetie, if I can get one?"

"How will I handle (a potential for) getting an award?"

"Will I get sick instead of going to collect it?"

This Child **position**, "**favorite**" **method of concluding personal social events** is one of the four categories of social operation. For example a "Get-Away-From" could be his/her favored Childhood method (position) for resolving high value social encounters, e.g. be embarrassed.

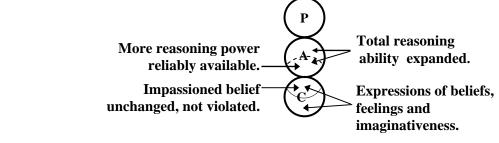
The Adult in the Child takes a "position" as a result of that childhood decision. This is diagrammatically represented by Figure No. 50. The "favored life position" is chosen by the Adult in the Child. This Adult in the Child is also called The Professor. Figure No 51



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As the person becomes older, this Child and his "Professor decision" is diagramed as in Figure No. 51. The social problems, e.g. a psychoneurosis which results from this personally made early-in-childhood decision with its position is the decision and position which often brings individuals into psychotherapy as they get older. This position arises out of a very specific important behavior-modifying decision early in life. Considerable amount of personality resources (libidinal investment) was spent by the Adult of the very young person in his childhood in order to back up his childhood commitment to this decision which then becomes his "Childhood Position". ^{19, 20} The decision is about what "I will never, ever, again give away about myself to anybody because when I do, then … happens!" ²¹

Rx for SELF - REKIDDING



Presenting Person When First Seen

Figure No. 52

SET A GOAL TO DECONTAMINATE ADULT

Figure No. 53

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¹⁹ Berne, Eric, M.D.: "Transactional Analysis in Psychotherapy", Grove Press, New York, NY, 1961.

²⁰ Harris, Thomas, M.D.: "I'M OK, YOU'RE OK", Avon Books, New York, NY, 1969.

²¹ Ernst, F.H. Jr., M.D.: "Leaving Your Mark, Use of the Graffito in Group Treatment", Addresso'Set Publications, Vallejo, California, 1968.

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