

N E I G H B O R H O O D W A T C H T A L K # 4

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INSIDE INFORMATION: Enclosed, "**The Valley of Decision**" by Dr. Sterling Lacy explores some of the problem "institutions" contributing to the growth of drugs on the streets. Some will find eye openers in it. Some will have made up their minds and closed their eyes. What Reverend Lacy says in it will never make the Vallejo Times-Herald. That paper appears to be controlled by the Solano County "**parallel study groups**" of the **San Francisco COMMITTEE on Foreign Relations**. That COMMITTEE is itself at least 60% controlled by "the elitist boys and girls from New York" and their club, "**Council on Foreign Relations**." (CFR's own Annual Report.)

DRUG TRAFFIC: 8/13/88 Saturday, 11:30 AM, coming back from the Post Office past City Park on 400 block of Alabama: An 8 year old NMC, bright red sweat suit and cap riding a 14" bicycle, small brown paper bag gripped around left handlebar of his bike. He had just come out of City Park, peddling furiously around & down past Vets Building on Marin. I went across Tennessee at same time he did. He saw me, became suspicious and in sophisticated fashion slowed his rate of travel to turn some circles on Marin. I parked east side Marin between Tennessee St. & Reo Alley. He then resumed his furious rate of peddling on down Marin, crossed the RR tracks using a non-road dirt path and straight to 1902 Marin at Nebraska. Briefly out of sight (20 seconds), then mission accomplished, he was next seen doing with a bicycle what any other 8 year old would be doing, lazily practicing loops and turns. Then looking in my own rear view mirror as I readied to drive again, I noticed I had parked just in front of a now visibly occupied car, another observer of the same event, who had come up from his concealed position on the driver's seat. Was he making sure that whatever I had stumbled onto, did in fact happen? From that driver's vantage point he was able to view the length of Marin, Alabama down to Nebraska and Mississippi. Sorry, in my own preoccupation I didn't get his license number. It was a smaller sedan, dark green brown(?).

What's to do? Wrote a brief note, time, location plus enough for a "mental picture" of what I had seen and put it into my "Neighborhood Watch" brown paper bag of notes. Have not seen that boy again, YET.

POLITICAL: **City Park** continues as a major hub of the **Greater Vallejo Recreational Drug District**. That big two story building there? Downstairs "bathrooms" are easy cover for drug sales. Upstairs bolted and padlocked, windows boarded over. Local residents are clear about it! That **GVRD Building**, horseshoes and all, **IS PROTECTING** the "horsing around" drug traffic there. AND GVRD is a political body.

That **GVRD building is an "attractive nuisance"**, presenting a danger to the community's health, safety and welfare. Is there a restroom building in Washington Park? Horseshoes at City Park could be stored in **Vets Building** across street OR **Vallejo Fire Station** just across the street and 3 or so portable potties set up in area where that massive building is now. That would cut down the GVRD provided shelter to the drug deals that building now affords.

Drug abuse programs DO NOT work until the user-abuser IS STOPPED from using DRUGS. FIRST things first: Stop the procuring and use of drugs in our neighborhoods. Remember the James Coburn flick about the pretty young woman heroin user. FIRST she had to be stopped from using, "cured" of her immediate craving. The less drugs around, the less the temptation to try out, to use and the less chance to get hooked.

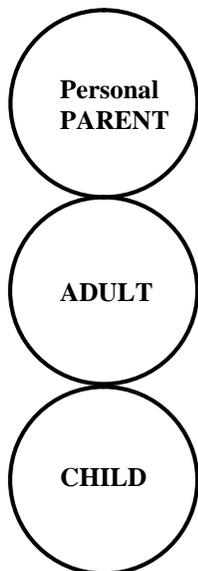
Drug usage is a show of the furtive, rebel Child side of the person. "It is foolishness and rebellious defiance to go against the law." It shows a lack of reasoning and a lack of "common sense" to use drugs. Let's make it easier to talk about these qualities by saying **"Using drugs is a sign of the person's rebel Child showing!"**

The **BEHAVIOR** of a person can be seen as having three major sides to it.

1. Each person lives through one **childhood** and carries those **behaviors** with himself through life. This is the **Child** part of the person.
2. Each has the **ability to behave reasonably** - the person's **Adult**.
3. Each person has had someone in the position of being a **parent, a guiding & protecting person** to him during childhood. There is an imprint of **that person(s) and his ways of behaving** that you took into yourself. This is called the **Parent**. (E Berne)

These visible BEHAVIORS can be diagrammed with 3 stacked circles.

The Behavior Diagram of THE SELF-GOVERNING PERSON



A person's **PARENT** expresses ones personal values, ethics, standards and principles. Your PARENT is the one with "common sense", defines what's good for the person and what is not. Your PARENT protects and fosters the integrity of self and valued others (family) - social, environmental, physical, nutritional and educational.

A person's **ADULT** shows up in reasoned actions and words.

A person's **CHILD** is the collection of (childhood originating) ways of showing feelings. CHILD is the basis of one's ongoing emotional life. Your CHILDSELF is the inventive, imaginative one (E Berne).

Expression of all three sides is critical to good mental health.

The person's Child, my Childself and yours, each has two ways of handling **society's requirements** and expectations. A **Childself** can either be **rebellious** and defiant about these **OR** can go along with them, can be **compliant** and conforming to them. This is part of "going along to get along." The other part is so often the reasonableness of that.

Teaching this diagram and the OK Corral: Grid For What's Happening (WT #3) in local high school 15 years ago resulted in real **lowering of drug** use there, then. While many other professionals still knock these diagrams, **they worked for the students** then, better at **SELF-governing**.

POLITICAL: On 04/05/88 Congressman Boxer came to one of her infrequent early AM working day, Vallejo "Townhall Meetings" in her out-of-the-way smaller office over on Starr St. How many readers here can find, know where your Congressional representative's local office is?

In response to one Neighborhood Association leader's presentation about how awful drugs were in town: She is sponsoring legislation to the tune of some more billions for "Drug Education and Treatment ... including for the children in our schools."

The various drug cartels around the world not only welcome this kind of legislation, they will back it and contribute to the campaign funds of those pushing it. In order for their businesses to grow they have to count on the expansion of information about their products. This is called advertising. "Use our drugs. If you get in trouble, get hurt or get caught come to one of our (taxpayer supported) clinics or schools for a fix up." **"Drug Education", to dealers, is a "Trade Show."**

Once a temptable student knows what to look for, he next has to find his favorite "peer pressurer", a year or 2 older, to tell and ask what to make of it. Then this "peer" can tell him where & how to "find out for himself" now that he "has learned all about" them. OR maybe this "peer" will "just happen to have an extra hit" to let his younger friend find out now there in the restroom, "if he wants."

Every druggie in prison could tell you who "helped" him get started on his very first try at drugs. No more than 2% or 3%, if that many, quit and stay off drugs on release. Assuming that **DISCONTINUANCE** of drug usage **AND CONTINUED ABSTINENCE** from drugs is the goal of programs, **then** a program for **"Drug Education and Treatment... including for the children in our schools"** is **THE ONE BEST WAY** to promote and spread them on the streets.

FEDERAL SOCIAL PROGRAMS: Here we are reminded of the street term for the federally supported **"Planned Parenthood"** - "IT'S AN ABORTION!" The new Federal **"Child Care Center's"** act when you read the fine print is as anti-religious an act as has come out of Congress in a long time. It's long range effects are clearly aimed at family-busting.

But then, "Education, Treatment and Rehabilitation" as words have a nice ring to them. Too, if the Feds (big brother) is going to do something, then maybe we should be grateful, won't have to be worried, won't have to get personally involved, can hope "somebody else" is taking care of it for us. Still I ask, show me one federal program that

has been good for the social integrity of a majority in it. The "**Moral Hazards**" inherent with these legislative acts almost invariably overpower the good judgment of the majority who are "eligible."

About 2 years ago the **City** took the lead in procuring a **\$100,000 grant from the Feds**, then turned it over to School District to do with as they saw fit ... "**for teen-age sex and pregnancies, drugs and manic-depressive illness and suicides.**" This psychiatrist has, practically speaking, been barred from finding out anything about that "Interagency Committee's" fund and program. A stonewall!

Didn't Marin have a major scandalous national reputation for drug usage well before our own town got so troubled. After that, then, Vallejo got reapportioned in with the Marin and SF Congress District.

PSYCHIATRY: The psychiatrists I know who work for the Calif Dept of Corrections are less than optimistic about the effects of any "Education, Rehabilitation and/or Treatment" program for drug users. Lots of "applicants" would be referred by the courts. Lots of jobs would be "created." Lots of forms would have to be filled out. "Treatment and Rehabilitation" of drug users has a pooooor prognosis. If 5% of the users stop for two years you have a goooooood program. That's, at best, a nickel back for every dollar put in.

STOP DRUGS OR NOT: The **curative atmosphere** for the user, younger or older, **comes from a community** that exudes "It's a NO, NO! We mean it! It is a NO, NO!" to use drugs and it's a VERY FIRM "NO, NO!" with disciplinary consequences, anywhere from the refusal to talk to that person, cutting off his allowance, kicking him out of your home, on up to calling the cops on him. It is not until the people of the community **stop being tolerantly indulgent** of the "occasional" user that drug usage stops. (This is similar to the successful treatment of the alcoholic where every one in his family becomes simultaneously committed to the fact that the boozer **must stop** his drinking and let's him know.)

It is **THE NEIGHBORS IN THE NEIGHBORHOODS**, each one, who **can REQUIRE DRUGS BE STOPPED THERE by joining Neighborhood Watch**. Neighbors ARE very effective "peer pressure." That is also what our "Neighborhood Watch" signs are, the peer pressure of the neighborhood.

More drug education in the schools for the most part only teaches students why and how (not) to use, what they could (not) be (dared into being) afraid of (tempted into) using. This multiple-choice sentence is to show how variable the effect of that kind of student education program is. Most teaching this material will say "This is try to help the student make an informed (consent) decision." The explicit goal is obedient, compliant avoidance of drugs. Any of you who recall your own adolescence will remember how your own **rebelliousness** and daredevil recklessness could be **triggered** (by these Parent-like demands) into **proving** to peers you "were **not afraid**" to go against them.

WATCH AND POLITICAL: The goal of Neighborhood Watch Programs is to reduce the police load in the residential areas. When one identified area alone can reduce its crime rate from 11 reported burglaries per week to 8 per year (Cimarron Hills) there is a saving to CITY. That particular **Neighborhood Watch GAVE the rest of Vallejo one whole full time officer** because of their own watch work between 1985 and 1987. When the Mayor says 6 new officers this year, he never remembers to tell us **Cimarron Hills GAVE us ONE MORE EXPERIENCED OFFICER last year.** Never a peep out of City Council about this.

On 9/6/88 Mayor waxed eloquent, firmly toned, with drama told how he was "not going to tolerate the druggers thinking they own the streets." Writer was reminded then of the Isuzu ad "**AND YOU HAVE MY WORD ON IT!**" Same thing happens to me when Dan Rather is on TV with the "news."

The avoidance by City Council of the words "Neighborhood Watch" is meticulous. This avoidance reflects what I think is a bad attitude in that regard. Are they afraid neighbors will find their own strengths, find the other self-governing individuals in their immediate areas, before their controller networks have taken over leadership of all of the "Block Watches?" More at a future time about this other kind of peer-pressured & networked, symbiotic-governed person, the "**Situational Person**", the ones with NO PERSONAL PARENT!

ERRATUM: The street number of the flat top house on Illinois St with a NO TRESPASSING SIGN and concrete apron in front, mentioned in Watch Talk #3, 7/4/88, is **441/443 Illinois**. Writer's apologies for typo. Many good watchers, good neighbors also on 400 block Illinois.

Owners of 441/443 Illinois, living in Vallejo are known and are being approached about the neighborhood hazards to health & safety which their present tenants pose. Our **VALLEJO REGISTRY OF HOSFECES** (Houses of Sanctuary For Elements of the Criminal Enterprise Systems) grows.

Neighborhood Watch Resources:

Reporting Crimes Vallejo PD, 648-4321,

Maryjane Szalan, Neighborhood Watch Program VPD, 648-4397.

County Assessor: 429-6281 for property ownership.

{ Verify telephone numbers }

When introducing yourself to these offices, tell them you are "**in Neighborhood Watch**".

Signed, F H Ernst Jr., M.D.,

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