



Transactional Musings

Volume 3, Issue 12
December 18, 2012

The Lord's Prayer

When I was a young boy my mother taught me "The Lord's Prayer." She did this by reciting "The Lord's Prayer" as I settled down to sleep at night. She occasionally read from the Bible, too.

As we grew older my brother and I recited "The Lord's Prayer" with her, after the lights had been turned off.

Those words still stick with me. **"Our Father which art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done in earth, as it is in heaven. Give us this day our daily bread."**

And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen."

And when I'm alone I still see Mom, my brother and I saying it, "The Lord's Prayer," together, after the lights have been turned off.

AND, when I recite "The Lord's Prayer" I am reminded the Lord is present. He is with me always.

Surely there are many hidden treasures yet to be discovered in "The Lord's Prayer."

In reading the words of Jesus again, written in Matthew 5, 6, and 7 of the Bible, "The Lord's Prayer" (Matthew 6:9) is a port to the greatness of the Lord.

7:28 **"And it came to pass, when Jesus had ended these sayings, the people were astonished at his doctrine: 29For he taught them as one having authority, and not as the scribes."**

Special points of Interest:

"The stroking events, with health in them, seek to make room for events to come out close to "even" between the parties.

Merry Christmas

Inside this issue:

The Lord's Prayer	1
"Blessed are ye, ..."	1
Life Styles and Stroking Encounters	2
Life Programs	4

"Blessed are ye, ..."

Matthew 1

1And seeing the multitudes, he went up into a mountain: and when he was set, his disciples came unto him: **2**And he opened his mouth, and taught them, saying,

3Blessed are the poor in spirit: for theirs is the kingdom of heaven.

4Blessed are they that mourn: for they shall be comforted. **5**Blessed are the meek: for they shall inherit the earth.

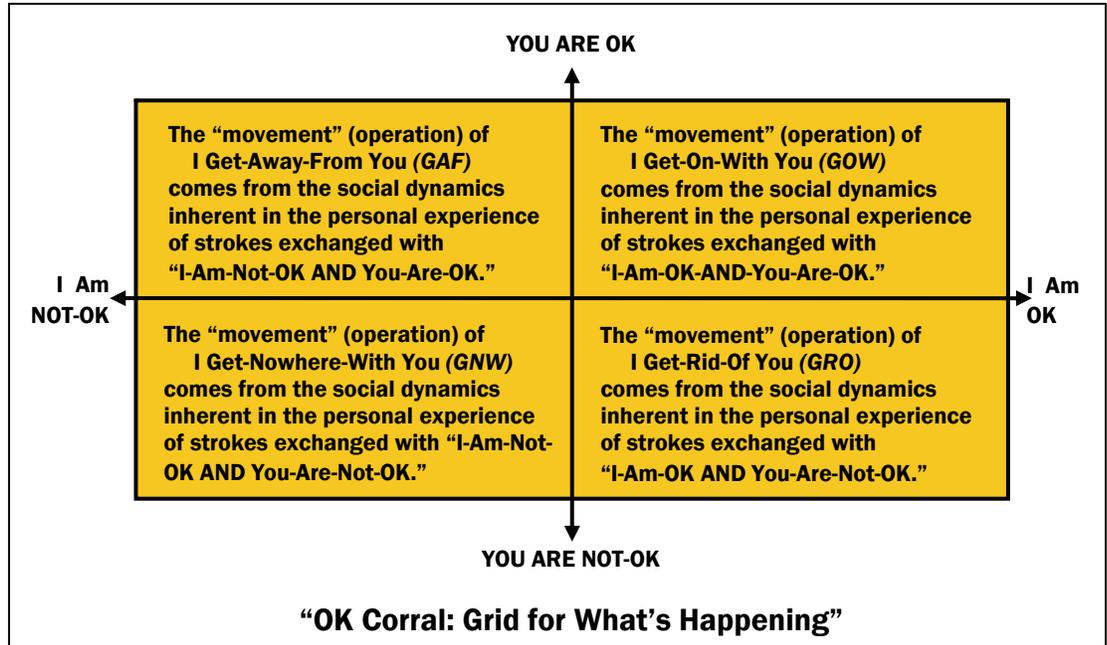
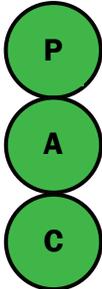
6Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

7Blessed are the

merciful: for they shall obtain mercy. 8Blessed are the pure in heart: for they shall see God. 9Blessed are the peacemakers: for they shall be called the children of God. 10Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven. 11Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake. 12Rejoice, and be exceeding glad: for great is your reward in heaven: for so persecuted they the prophets which were before you."



The Nativity



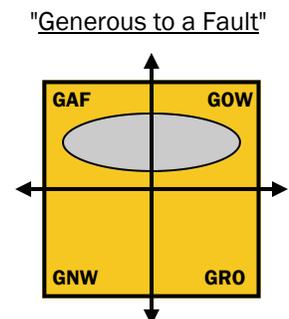
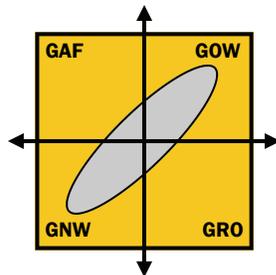
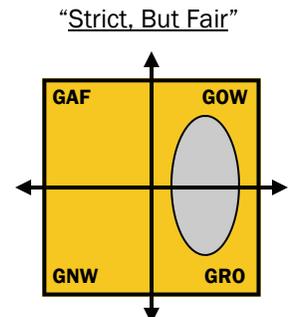
Life Styles and Stroking Encounters

Life Styles

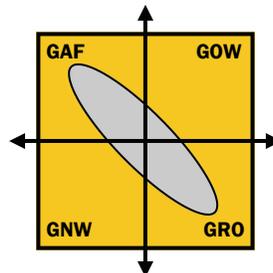
By Franklin H. Ernst Jr. MD
(November 1986 - April 1987)

The stroking events, with health in them, seek to make room for events to come out close to "even" between the parties. In the GRID FOR WHAT'S HAPPENING events in these instances are concluding either in the Get-On-With form or in the Get-Nowhere-With form, and GNW is more than 50%.

means keeping the friend. The GAF-GRO axis is the unhealthy axis to live on. Friendships are broken, lost, sacrificed.



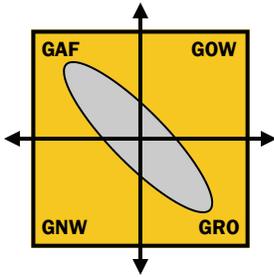
The Tort AND
The Blame Society.



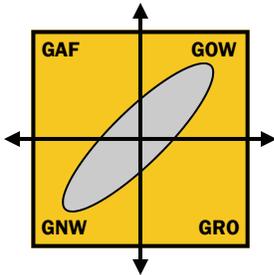
Those who endeavor to resolve their encounters by either GAF or GRO have less stable relationships. They are endlessly trying to keep their own OK whether or not it



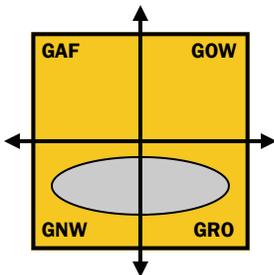
"Disrupted & Disturbed"



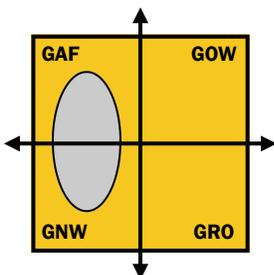
Stable to Winner



Racketeer, Tyrant, Oppressor



Loser, Alcoholic, Criminal, Addict



GRO - GAF way of life.

Heard from a person in response a recent semi-assaultive social event and so far unable to get out of his GNW way of life:

He could "Sue 'em" - GRO.

He was harshly obscene and profane as he described them - GRO.

He admitted he was "Afraid of them", bigger and stronger than him - GAF.

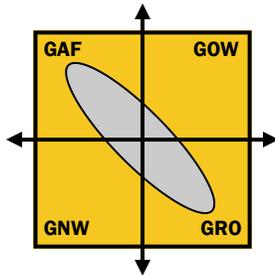
He was briefly almost frantic about "Who (do you believe) was at fault?"

Would he be adjudged GOOD or BAD? Which was it to be? A GAF or a GRO for him?

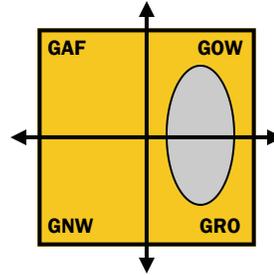
Should he "have filed charges against" the other party who had "picked on" him, proclaiming himself as the good guy, badly treated? He was vigorously insistent "I'm right!", alternately asking if he was.

He continued denying "throwing the first punch," meanwhile telling how that could have been mistaken for "a sign of weakness."

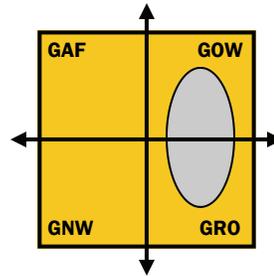
Diagram GAF or GRO. Only one person gets to come out of the event being OK, "GOOD."



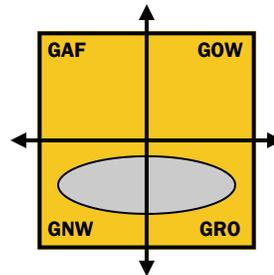
Balance of Power is a program aimed at placing on hold (GNW) any contemplated insurgency external forces. This is to enable the populace in the free country being able to go ahead with its own business, that of GOW transactions between its own members.



PEACE SHIELD DIAGRAM (Strategic Defense Initiative)



"MAD" DEFENSE Life Style (Mutually Assured Destruction)



On the other side of affairs "Balance of Power" has as its objective being able to stalemate anyone contemplating overwhelming a sovereign group or country.





Addresso'Set Publications

Transactional Musings
 Franklin "Harry" Ernst III, Editor
 P. O. Box 3009
 Vallejo, California 94590 USA

Phone: 707/643-5100
 Fax: 707/644-6358
 Email: harrysternst@ao3news.cnc.net

"Mastery of the universe is proportional to the symbols man has by which to represent his universe."

WE'RE ON THE INTERNET
 WWW.LISTENINGACTIVITY.COM
 WWW.ERNSTOKCORRAL.COM

Copyright © 2012
 Franklin "Harry" Ernst III, Editor
 Addresso'Set Publications
 Copying for non-commercial purposes authorized.

Permission is hereby granted to any person, magazine, newspaper, other periodical, or media to reprint this newsletter in any single issue of the periodical in question, so long as two conditions are met: (1) the newsletter is printed word for word, including diagrams, figures, and footnotes, and (2) the following reference is given at the bottom of the first page on which the reprinted newsletter begins: "Transactional Musings is published by Addresso'Set Publications, Franklin "Harry" Ernst III, Editor, P.O. Box 3009, Vallejo, California, 94590, USA, www.ListeningActivity.com"



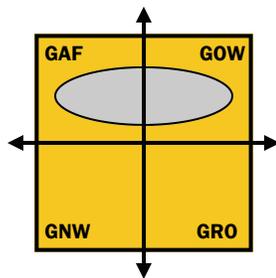
Life Programs

At a Northern California Psychiatric Society meeting in April 1987 the Warden of a local (California) state prison spoke about the goals of the Department of Corrections [system]. Here are a few written notes by Franklin H. Ernst, Jr., M.D. concerning the matter.

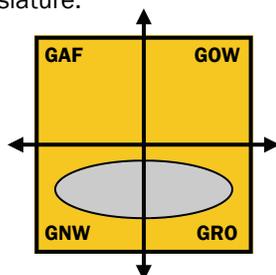
Prison Warden: "It's goal used to be rehabilitation."

FHE, Jr: This was not actually a fact. It's goal was to treat the mentally disturbed offender to reduce recidivism.

"Rehabilitation" is a euphemism that implies you had to give the offender enough OKs, enough opportunities, enough "nurturing" and then he would stop of his own accord. (See the next diagram of a OK Corral: Grid showing the action taking place across the top. California Dept of Correction on horizontal axis. Inmates on the vertical.)

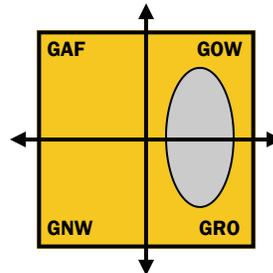


Continuing, the Warden stated, "Its goal now is punishment." The statement is such from the legislature.



FHE, Jr: In fact, this will not work in terms of any lessening of either recidivism or crime in the community. This is because these inmates and potential inmates are already expert at handling the "YOU ARE NOT OK" strokes they are getting, by the hundreds. "Critical Parent" unconditional not-OK strokes are not going to do something.

What is needed is a CORRECTIONAL Program. This program's goal is to provide the inmate an alternative to being anti-social. It would enable him to correct, modify his own behavior by his own decision. This is diagrammed in the Grid.



Dept. of Corrections is on the horizontal axis. Inmate is shown on vertical axis. The action is in the right half of the Grid.

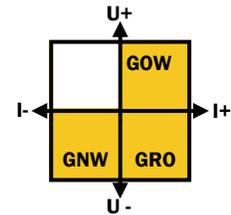
Instead of either be gotten rid of or preventing anyone from getting anywhere with him, the inmate could have an alternative.

In this model, there is the chance for the inmate to join up with society (as represented by the free staff working there).

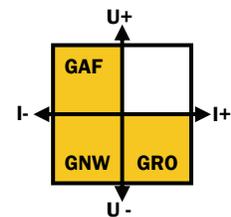
Life Programs

occupy three quadrants.

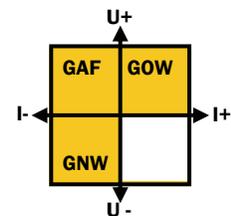
The Regal Program
The Political Leader



The Frog Program



The Wanderer Program



The Prophet/Teacher Program
Beginning Entrepreneur

