

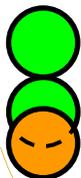
SOCIAL TOOLS NEWSLETTER

SEPTEMBER 29, 2012

The following is from an unpublished manuscript titled "Social Tools" by Franklin H. Ernst Jr., M.D. and from a paper titled "Self-Rekidding" by F.H Ernst Jr., M.D.

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SPECIAL POINTS OF INTEREST:

There are four types of social tools.

- Management of Self
- Dealing With Others
- Tickets, Talents, Hellos, Education, Trades, Techniques
- Money

**SOCIAL TOOLS
SELF REKIDDING**

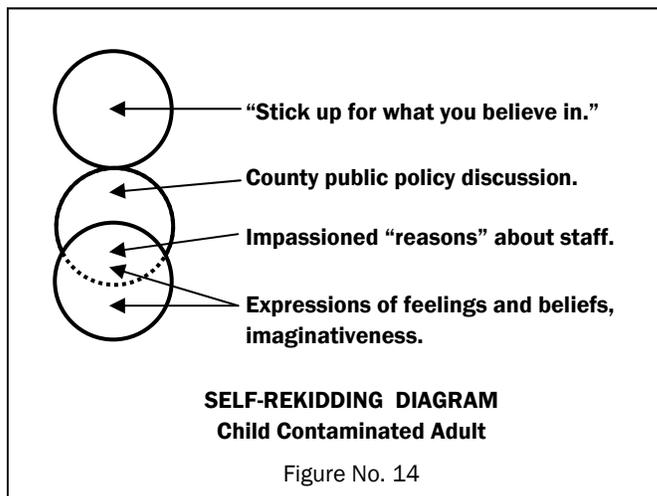
The following is a continuation of the previous newsletter.

A Temper Tantrum Takes Over a County Government Meeting

... "Floor plan" of the behavior seen is diagrammed here. Figure No. 14

This **elected person in authority had a feeling that she was duty bound to agitate against some others, setting an example of disrespect of the rights of others.** Her behavior then was of **disrespect for the representative governing authority she represented.** She did this in other meetings, too, in the years before, as a City Council(wo)man.

If this Supervisor had successfully "set it aside" (her

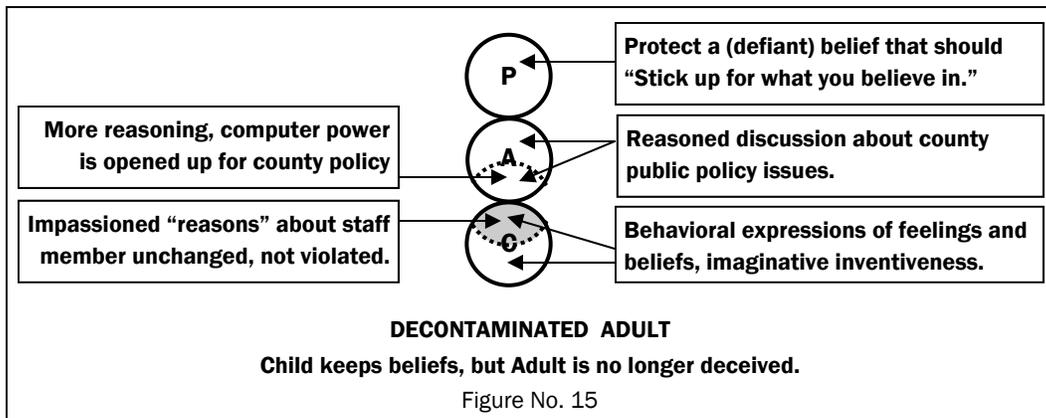


agitation) as she agreed to (instead of obeying an inside personal Parent rule) such would be diagrammed as shown in Figure No. 15.

As shown here, this would not have involved any change in the beliefs and views of the person. Nobody has to get "psychoanalyzed" because of

the particular personality belief at issue.

There is no need to get to the basis of the argumentativeness. "We know you know what you're talking about. **But this is about something different.**"



SOCIAL TOOLS - SELF REKIDDING

SUGGESTIBILITY

Propagandized beliefs are spread both directly and by suggestion. Suggestibility is present in most everyone to some degree or other. But not everyone is hypnotically suggestible.

Self-governing: this is what Jehovah was pushing Adam to be, if he could, in the Garden of Eden. But then Adam flunked Self-Government 101. Adam, for sure, knew what the one rule was, the one "NO! NO!" in the Garden: "DON'T EAT THE APPLE!" He'd been taught, after all, by the premier teacher of all teachers. But even though that "NO! NO!" was living inside himself, was a part of his own being, **his self-governing gave way to self-rekidding**, on the suggestion of that old serpent in the Garden. Adam, on that suggestion, kidded himself to try just one little apple. Maybe that "NO! NO!" did not really mean NO!

EPA SPAWNED HOAXES

Many beliefs are propagated by those who know they are misrepresenting the facts. The EPA (US Environmental Protection Agency) has come out several times in recent years saying: "the dangers of 'second hand' smoke are over blown." But now, some members of the public have embraced the belief that it is harmful, and continue to vigorously denounce those who smoke in their presence; saying the smoker is endangering the denouncer's health.

The same is true with the political science findings of the EPA, about the dangers from the dioxins in Times Beach, Missouri in the mid 1980s. In 1995 EPA declared that the dangers they (EPA) advertised earlier (about Times Beach dioxins) were exaggerated. BUT now, the strongly held belief and fear about dioxins among a large segment of the public

continues unabated. AND who goes back there to Times Beach to live anymore. Maybe it's "Once burned twice shy." Should you have believed the EPA in 1995 instead? If you did not act on their order, would you have been subject to arrest and jailing before 1995?

OTHER EPA HOAXES

Other EPA hoaxes? DDT is banned from use world wide while more than a million people a year die from preventable mosquito borne malaria. Reputedly because DDT thins the eggshells of the bald eagle. DDT does not harm humans or bass fish.

The asbestos hoax? On 9-11 of 2001 there were reportedly 3,000 people killed when the World Trade Center was hit by "terrorists." Assuming the structural failure of these buildings occurred because of overheating of the steel, the buildings would have stayed up for three more hours, had the structural steel support beams been insulated with asbestos, as recommended when it was designed. Thus, of the reported 3,000 killed, the Enviros get credit for killing 2,000 of them ("Access to Energy", Vol 29:2, September 2001; PO Box 1250, Cave Junction, Oregon 97523, Editor Art Robinson).

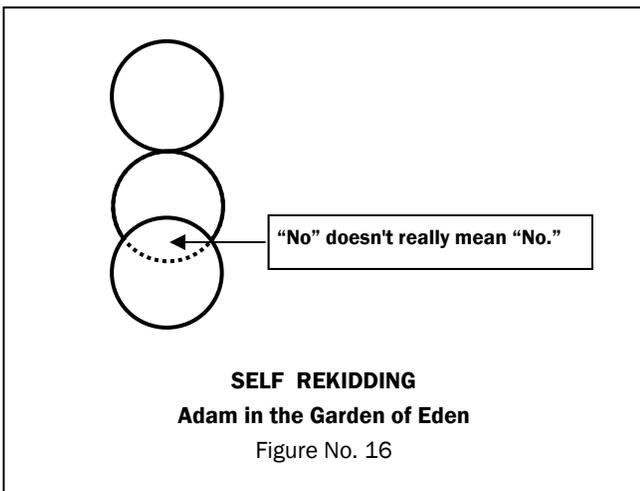
The Acid Rain hoax? Reader is referred to Dixie

Lee Ray on "The Great Acid Rain Debate" (Dixie Lee Ray, "The Great Acid Rain Debate", American Spectator, January 1987, pgs 21-25).

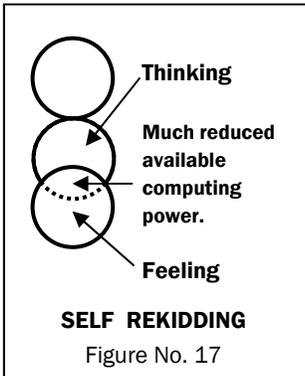
Recent "global warming?" Need for "The Kyoto Accord" as a basis for closing down a large part of US coal generated electricity, up for passage by the US Senate? A fiction! (Art Robinson, various articles in "Access to Energy" on the Global Warming Debate, 1996 to 2001). Robinson also includes references to his articles published by the Wall Street Journal refuting the "Global Warming" myth! The sea around Sicily was much lower in 600 AD than today (The Barnes Review, Vol 7:6, 2001). "Global Warming" since (before) 600 AD? Starting before any large scale coal burning? Maybe.

The safety and value of nuclear power plants? Fewer people have died as a result of nuclear power than any other form of electric generating power per terawatt. (Art Robinson, "Access to Energy")

The results of the electronic and newspaper media pushing their anti-nuclear energy political science agendas are seen by the large segment of the population continuing to hold strong, heavily charged emotional beliefs against nuclear energy.

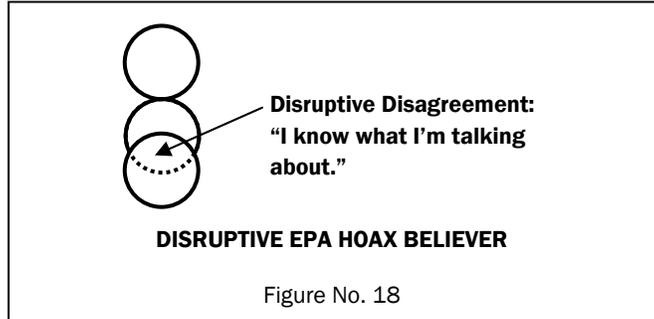


[When the child intrudes into the Adult, he/she takes up computing power of the Adult. This translates into the social level in the same way. A person's Child insistence to overlap, take space away from real life transactions, takes away from others Adult activities. This may be what feeding psychological "appetites" (currency) is about.]



A dissenting person literally does take his life in his hands to challenge some of these believers. It is a life threatening hazard to the health of anyone who might try to present objectively reasoned, measured facts to some of these belief holders. The fact of the strength of some of these (bigoted?) beliefs is itself scientifically verifiable. Nuclear energy for every country able to afford building a nuclear power plant, except the very few in the USA!

The real problem lies not in the correction of factual errors, but **in the strength of the believer's and their political influence.** These beliefs will be held onto by



defiant believers almost indefinitely regardless of any possible corrections of the errors in the beliefs of the believers. When DDT, Nuclear Power, "Global Warming" is brought up in conversation, these believers almost immediately become disruptive to any reasoned conversation, inserting their belief and argumentatively defending them and compromising the other parties present with their defiant "I know what I'm talking about" (IKWITA).

The believer's emotionally charged-up Childselves may over-poweringly begin to cite "political science findings" they have heard on the TV, at times cited with apparent (Adult style) reasonableness. Disputing somebody's IKWITA can be dangerous to the health of the thinking person (disputer). Once IKWITA has accepted the belief, he very rarely changes his mind. For him to change his mind would involve a more basic problem. Maybe he did not know what he was talking about when he first accepted as "fact" the belief he now embraces. This can be repeatedly seen even though EPA itself may no longer hold its original view.

A few years before his death in 2009, Dad wrote and handed out a short paper on the topic **"Global Warming, Chicken Little, The Sky Is Falling."** It is included in this newsletter for your review. The presentation was received with mixed reviews at a local association, and is now widely used. (See page 5.)

"SMOKING IS DANGEROUS TO YOUR HEALTH"

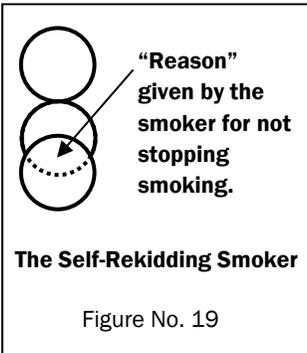
The only verifiable reason to substantiate the government claim that smoking is dangerous to your health is that if you do smoke, someone from the government with a badge may come, gun drawn to demand you put your cigarette out. Been to the City of Davis in California recently? A drawn gun is dangerous. The rest is circumstantial evidence. BUT for many people, the perception that smoking is dangerous to your health is a reality. **Perception is reality ?**

On the other hand it might be said that only a "smoker" would write like this. OK! So the majority of the people say - the smoker is kidding himself. Whether it is that the majority prevails or the

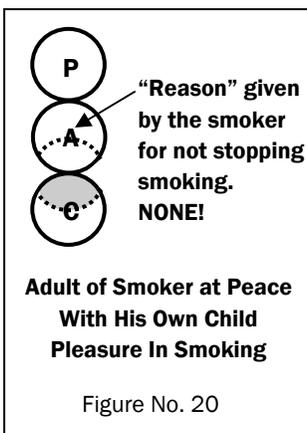
The real problem lies not in the correction of factual errors, but in the strength of the believer's and their political influence. These beliefs will be held onto by defiant believers almost indefinitely regardless of any possible corrections of the errors in the beliefs of the believers. When DDT, Nuclear Power, "Global Warming" is brought up in conversation, these believers almost immediately become disruptive to any reasoned conversation, inserting their belief and argumentatively defending them and compromising the other parties present with their defiant "I know what I'm talking about" (IKWITA).

SOCIAL TOOLS - SELF REKIDDING

majority are following the (government) leadership “reasons” to stop smoking could be debated. To what end? Nevertheless, the majority view is diagrammed.



If on the other hand, the smoker does not “bother or endanger” others and does not give “reasons” for not stopping, merely acknowledges he does not want to stop, that is Adult. If you will, he (Adult) has made peace with himself (his own Child). If one of the majority has an intolerance of a smoker, that is on them.



This example is not presented here to persuade anyone to smoke or not smoke. It is presented to

show how hard a person may cling to a belief which can also be used coercively on others around him. Either side can dredge up “reasons” to support their personal convictions. This example shows how difficult it may be “to set personalities aside” in favor of dispassionate reasoning.

FACT: About 2,400,000 people in this country die every year (World Almanac 2001, World Almanac Books, One International Blvd, Suite 630, Mahwah, New Jersey, 07495-0017). Of these deaths, government personnel say that “300,000 die each year from causes related to smoking.” This, therefore, leaves 2,100,000 who “die each year from causes related to not smoking.” No one has ever been able to verify the 300,000, but anyway the belief persists that “smoking” is dangerous to a person’s health.

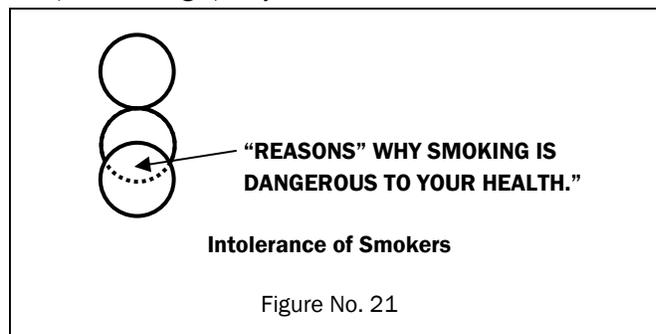
Of the 2,400,000 who die each year, 2,100,000 died from causes related to not smoking (2,400,000 minus 300,000). This means that dying from causes related to smoking are 3 in 24 (1 in 8) and dying from causes related to **not smoking** are 21 in 24 (7 in 8). Put in terms of “odds”, chances are (7 to 1) of dying from causes related to not-smoking.

FACT: Government also tells us 25% of the people are smokers (out of every 8 people, 2 are smokers), therefore 75% are non-smokers (6 out of 8 people in the country are non-smokers). This means the odds are 6 to 2 of being a non-smoker in the country.

These two facts would seem to mean that

- 1) Of the 2 out of 8 (25% = 2 out of 8) who smoked and were living at the start of the year, there were 300,000 (out of the 2,400,000) who died from causes related to smoking. (300,000 of 2,400,000 is 1 in 8)
- 2) On the other hand, among the 75% (6 out of 8) non-smokers living at the start of the year but who died during the year, 2,100,000 out of 2,400,000 (7 out of 8) died from causes related to not smoking.

From these numbers it sounds like the chances are at least twice as good for surviving the year if a person is a smoker compared to being a non-smoker. Of the two (out of the eight), only



FACTS

one (of the eight) died. Seven out of eight of the deaths that year were from the six out of eight who didn’t smoke.

The next point? What about all the smokers who die of lung cancer? What about them? You never hear about the 1,000s of non-smokers who die from lung cancer every year, do you? Emphysema? Same. Heart disease? Etc.

BUT this belief does hold on. Personal conviction wants to refute this reasoning? Right! So when does reasoning enter without feelings and beliefs on this subject? Instead, a person may want to argue with the writer and the figures presented here. **Argue with the World Almanac?**

CHICKEN Little and Global Warming Letter

March 8, 2007

Recently my TV has had an amazing increase of references to “global warming.” Global warming and increased carbon dioxide, global warming and the 30 million cars in California, global warming and it’s terrible dangers to “our world.” And so it goes seemingly endlessly.

I’m reminded of “Chicken Little” who was known for his crying out to the neighborhoods “The sky is falling down.”

About ten years ago Art Robinson, PhD circulated a petition among well informed people he knew. The petition took on the mythology of global warming and showed that the “Kyoto Accord” was based maybe more on **political science findings**. Robinson showed that increases in CO2 production has led to the increased size and number of trees in the forests, the ability of the oceans of the world to absorb almost endless amounts of CO2 from the atmosphere, and other aspects of the earth that act as safety valves already built into the earth’s infrastructure, that keep it from being overwhelmed by CO2. Art Robinson, PHD is editor of the monthly newsletter “Access To Energy”, Cave Junction, Oregon. See also his article in the Wall Street Journal about global warming then.

I got to wondering what’s the opposite of “global warming?” Global cooling? Then I remembered my ninth grade science teacher, how he got us acquainted with “global cooling.” Then it was known as “The Ice Ages.” Last week I looked up “ICE AGES” in my World Book Encyclopedia.

Nine ice ages during the last two million years? I would assume that, as Mr. Horton had taught us, there were episodes of “global warming” in between the episodes of “global cooling,” (Ice Ages).

During past ice ages the level of the oceans were at times 300 feet lower than today, if I can believe my encyclopedia.

A television show recently stated that the ice on the earth has been melting at an accelerated rate for 3,000 years, or so. How awful? How about 30,000 years? Congress better do something before all the Polar bears run out of icebergs to live on in the Hudson Bay.

The TV show reported a stone house on the east coast of the Mediterranean Sea is now nearly completely submerged under the sea. The (TV) History Channel said evidence showed the house was occupied in ancient times, lived in during the period of the Greek King, Menelaus. Menelaus is known for his seige on Troy and the “Trojan Horse.”

“Global warming,” and the 30,000,000 cars in California? I do hope that the California legislature doesn’t take my car away from me or yours away from you. But then maybe the thousands of **passenger airplanes** in the country that burn hundreds if not thousands of gallons hydrocarbon based fuel each trip; maybe they could be grounded. What about all those federally funded, subsidized city buses? Federally subsidized global warming, and hopes you do too?

Anyhow I enjoyed the 1967 World Book article about “The Ice Ages”.

In closing, in 1938 my teacher, Mr. Horton taught us that the most recent “Ice Age”, (global cooling) was coming to an end and “**we are starting on a phase of global warming.**” He **was** 70 years ahead of his time. We loved him.

Al Gore and “An Inconvenient Truth?” Is his documentary a “Chicken Little” and “the sky is falling down?”

F.H. “Doc” Ernst Jr.

SOCIAL TOOLS - SELF REKIDDING

BELIEVERS

So how can a believer discontinue rejecting facts? It may not be possible to stop rejecting facts because of the strength of an individual personally held convictions (beliefs). What's left? Defiantly challenge, "question (the) authority," eg respect the authority of the writer? It is not possible to both defy and simultaneously learn from the same authoritative person. The writer's numbers are biased? You got better numbers?

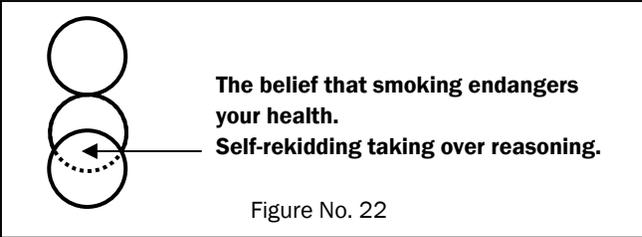
No? But the believer will still cling to his belief, by next trying to think of other ways to refute the numbers given here **or discredit the person of the writer.** This is not written to get anyone to change his mind about his belief or about whether to smoke tobacco or not.

The fact is, "this belief" was learned initially from someone who said (on TV, at school or home?) "I'm from the government and I'm here to help you." But this is the same "government" that gave us Ruby Ridge, Waco (13 were less than 4 years old when gassed, shot and burned to death) and then a credibility gap emerges in regards to government explanations of "the Oklahoma City events in the 90s" and even, some say, maybe the 9-11 of 2001 "terrorist attack" on the country.

[An authoritative speaker in a video "Super Structures, Disc 4 - Skyscrapers", produced before 911, said that "the World Trade Center was designed to withstand the impact of a 707 jet airliner."]

The fact is, **political science** has proven smoking endangers your health and mine, too.

The 300,000 deaths attributed to causes related to smoking is a mythical number, never substantiated by any count. It is a smoke screen for more coercive measures directed against (smoking) individuals and clusters of other individuals in the body politic. This and the other special-interest discriminations are manipulative strategies and training grounds for the body politic to do the social coercing, to carry out the coercive forcing against smaller groups in society. Some say the possession of a Bible will be "outlawed" before tobacco. Certainly the efforts to "outlaw" privately owned guns by the elitists is ahead of outlawing "smoking." It has been said the anti-smoking campaign is part of the divide and conquer program to pull the country down. In terms of the Games People Play, **the game is "Let's-You-And-Him-Fight."**



TOLERANCE FOR WHOM ?

Tolerance for Christians?
Tolerance for homosexuals is mandated by government.
Tolerance for gun owners?
Tolerance for abortionists is mandated by government.
Tolerance for smokers?
Tolerance is mandated for government pornography ("sex education") in public schools. Is the above a printed variation of Intellectual Self-Rekidding by writer? Is it a deceptive exercise in numbers?

What percent of the body politic can be led into playing the game of "**Double Blind**" about the dangers of nuclear energy, about the dangers of liquid natural gas, global warming?

Bible quote

In Ferrar Fenton's translation of the Bible: "For want of reflection my people will perish; for you have rejected all thought from yourselves. So I reject you from the priesthood to me ..." Jehovah still unhappy about His people rejecting knowledge.

Some say the possession of a Bible will be "outlawed" before tobacco. Certainly the efforts to "outlaw" privately owned guns by the elitists is ahead of outlawing "smoking." It has been said the anti-smoking campaign is part of the divide and conquer program to pull the country down. In terms of the Games People Play, **the game is "Let's-You-And-Him-Fight."**

New Transactional Analysis Theory, as of 12/31/96

Related to the temper tantrum of an elected official.

From these above considerations it is advanced that a person's Childhood position, the "Professor's" decision occurs in most people during a decisive period in which that young person has a similar overlap of his (his earlier Childhood based) feeling behavior experiences into his capacity to think, reason ("contamination" of reasoning ability) about life and that the "Professor's" (decision, commitment and resulting) position itself comes about as the result of an internal "compromise" decision as shown on the Trilog diagram.

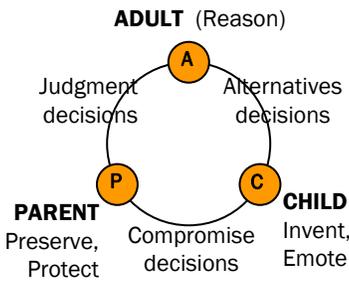


Figure No. 23

By fixing this decision permanently into mind this child comes to a conclusion that influences large amounts of what a person goes around throughout his later life trying to prove (to himself and any others who "get into it with him"). This belief / decision is the result of this early compromise, 5 to 8 year old decision.

Not all "Professor" decisions are compromise decisions. But those of "troubled" people and psychosomatic problems almost routinely come from decisions made as shown with this diagram.

SELF-REKIDDING

Behaviors to protect and preserve do include in some people a dedication to protecting the integrity of societal values such as a republican form of government, a constitutional government, rule by law not rule by personality cult. Those who do value protecting the integrity of these will be better able to do so as they become able to "set personalities aside" at predictable times and places when agreed upon to let other programs and agendas have a higher priority.

SELF-REKIDDING

It means to sometimes insist on less personal OK coming to you, a willingness of the freedom loving person to accommodate others, each with his own unique personality traits, is healthy. Unwillingness to tolerate these is more of a health hazard, more illness provoking and death causing than any other feature of the mushrooming size of the single issue special interest factions being built around us. Either we are going to reverse this trend of, some say increasing, refusal to

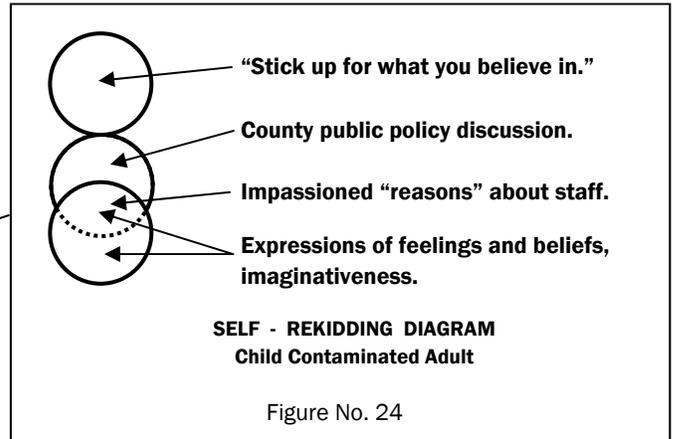


Figure No. 24

accommodate each other in our free state or more of our freedoms will be sacrificed to control each other's personality traits which we no longer are willing to personally accommodate ourselves, too.

SELF-REKIDDING

Of course the same agencies that are promoting these government approved beliefs are also those same ones wanting to take away our vitamins, freon and enforce SMOG II, California CAP & Trade regs. AND they belong to the same set of agencies that approved the murder of Vicki Weaver, approved the gassing, burning, killing of 13 people under 4 years of age at Waco, Texas; have been well connected to the Oklahoma City bombing. [Some have speculated this last one was a govt. special ops exercise gone very bad.] [The reasons for invading Iraq have been proven to have been based on words of mass deception.] [Fast and Furious is an on-going federal cover up of govt. agents complicit in smuggling guns into Mexico.]

SELF-REKIDDING or NOT

During the 6 months from 6/30/96 to 12/31/96 the specter of confiscation of private parcels in Vallejo again loomed. The Mare Island Redevelopment Project planned to borrow \$223 million. Mare Island property itself was valueless to bankers for purposes of collateral. There were no privately owned parcels on it. No city or county taxes had ever been collected on any Mare Island property. Tort liability for land the navy may never declaratively certify as cleaned up of toxic, hazardous, nuclear and undetected ammunition. But for purposes of "long term leasing" Vallejo, nevertheless, planned to assume the full (tort liability) responsibility for the Mare Island (Naval Base) land to "redevelop" it [California style]. Collateral to secure the bankers \$223 million? Solution! The Vallejo City Council acting as the Vallejo Redevelopment Agency would enlarge the area of the Mare Island Redevelopment Project to include about 2,000 off-Island nearby private parcels on the



Mastery of the Universe is Proportional to the Symbols Man Has by Which to Represent His Universe.

ADDRESSO'SET PUBLICATIONS

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"Reach for the stars."

mainland to the east across the river. These 2,000 private parcels would have been accepted as "adequate collateral" by the bankers; using the Vallejo City Redevelopment Agency "right of eminent domain" over all real estate inside the Project boundary, including the approximate 2,000 privately owned parcels, on which annual property taxes are paid. The city needed a way to figure out how to get someone else to pay for the island improvements (and banker's fees).

This prospect of eminent domain and confiscation of private property energized - activated many people to take action. People got together, hired an attorney and stopped the "seizure" of the mainland properties. They also discovered then Mayor Intintoli was involved with concealing the fact that a city employee was working in then State Senator Mike Thompson's office in Sacramento writing special redevelopment legislation,

prior to Vallejo City Council project approvals. [No two California projects are the same. Hundreds. Special legislation for each one, benefiting the privileged few.]

[Again, in 2009, Redevelopment exposed its ugly head in Vallejo. This time then city manager presented a proposal to establish seven new redevelopment projects. Again we beat this with the assistance of a very good attorney who had experience taking on the city. We did not self-rekid ourselves about this.

This last battle really took a lot out of Dad's health. His and my place here was threatened by one of the proposed projects and losing his home was of major concern to him. He died less than six weeks later.

Since then Redevelopment, has been "abolished", California style, according to what is said anyway by Governor Brown, et al.]

SELF-REKIDDING AND THE GAMES PEOPLE PLAY

Self-rekidding refers to repeated episodes of (emotional) contamination of Adult reasoning by Child. Self-rekidding is played out in the Games People Play.

Self-rekidding comes in two varieties:

- 1) "Emotionalizing" and
- 2) "Intellectualizing."

Emotionalizing and Games People Play

With the emotional variety of self-rekidding, the person will be at ready to exhibit an emotional display if his views are questioned, are crossed. Some of the games in which emotional self-rekidding occurs are shown in the following examples.

One man told his friend: "You should stop drinking." When politely told to mind his own business, the irritated retort was: "I'm telling you this for your own good." The game - **I'm Only Trying To Help You (ITHY)**.

"Things are a mess here" is a line in a game of **Ain't It Awful (AIA), You're Awful (I'm Awful)**. Other phrases indicating the game of AIA include "I caught myself saying the dumbest thing the other day", "I get confused when ..", "I resent it (you) when ..", "What's wrong with you (me) ...?"

One woman in group treatment commented one day "I discovered that the thing wrong with me was my Child asking my Adult 'What's wrong with me?'" and I decided to stop it." She concluded treatment a few weeks later with concurrence of group and psychotherapist.

To be continued