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Game Codes – Newsletter of Games People Play

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Special points of interest:

The empiric finding is that "level" is much more regularly Adult than any other single criterion known to the writer, and "non-level" is much more regularly non-Adult than any other single phenomenon available for measuring.



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The Level Adult Phenomenon

This is a continuation of previous newsletters. The Level Adult Phenomena is probably the best way to get a handle on game playing.

This material is from Chapter 10 of "Who's Listening?" It also appears in "Handbook of Listening, Transactional Analysis of the Listening Activity," both by F.H. Ernst Jr., M.D. See also the "Transactional Musings Newsletters" Vol. 2, Issue 2-8.

The Level Adult Phenomenon

"Get-a-level" refers to the specific activity of squaring the head and face to the vertical-horizontal plane so that a level-headed posture is evident; so that a straightforward presentation of attitude is apparent to the other person, whether he is a listener or a talker. This one procedure, also known as the **ERNST PHENOMENON**, more reliably than any other developed to date, has the effect of cathecting the Adult ego state.

The information from the body muscles and the body position in space, which is conveyed back to the central nervous system, rekindles different pictures in mind, different ways of perceiving the situation at hand. Different qualities of perceptive awareness and conceptualization become opened up. Different imagery inside the person can often be

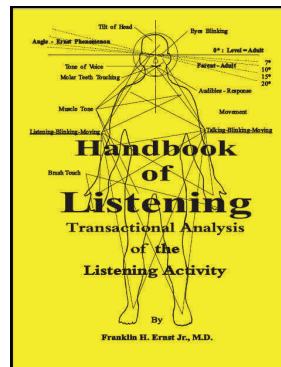
encouraged by this procedure of relocating the head position on the neck. Another method by which the reader can verify these facts for himself is to alter the position of the head from level to tilt and then back to level when listening or talking with another person.

One therapist has reported that by moving his head to the side, bent slightly forward, with horizontal wrinkles in his forehead and perhaps vertical knotting in the center of the forehead, that a higher frequency of physical and psychological ills come up for discussion among the group of patients, i.e., it induced an increased amount of playing "Ain't-It-Awful." Conversely, by reducing the number and frequency of "concerned knots" and wrinkles, and bringing his head back to the vertical, he reduced the amount of "Ain't-It-Awful" (i.e., reduced the expectation of getting "marshmallows"). There are times, as

clinicians know, when it is therapeutically appropriate to have this above angle-in-mind and a corresponding tone as, for example, when the patient's suffering is acute and a complementary, reassuring listening quality response would be most therapeutic. Listening in a sympathetic manner can be internally cathected and realized by assuming the (physical) attitude.

There are times when it is not appropriate to tilt with the patient, but to face the situation squarely in order to enhance the patient's own capacity for dealing with his situation. There are occasions when it is reasonable to be angularly persuasive, and other occasions when a reasoning, on-the-level attitude is clinically the best for the patient.

Persons familiar with "angling and leveling" report that at times "it is a good idea to let yourself become angled by (with) the other person." Tom tells that "now when my supervisor gets sore at me, most of the time I sort of hang my head a little and give him, give his Parent, the satisfaction of telling my Kid I done wrong on a job. We sure get along better than when I was fighting him for my rights. And last week I was bombing along on the freeway in my new Charger and got stopped by the constabulary. I decided



In "Games People Play" Dr. Eric Berne writes: *"The prototype of the game FODJY (Let's Pull a Fast One On Joey) is "The Big Store", the big-time confidence game, but many small grifts and even the badger game are FODJY. No man can be beaten at FODJY unless he has larceny in his veins, because the first move is for Black to tell White that dumb-honest-old-Joey is just waiting to be taken. If White were completely honest, he would either back off or warn Joey, but he doesn't. Just as Joey is about to pay off, something goes wrong, and White finds his investment is gone. Or in the badger game, just as Joey is about to be cuckolded, he happens to walk in. Then White, who was playing his own rules in his own honest way, finds that he has to play Joey's rules, and they hurt.*

Curiously enough, the mark is supposed to know the rules of FODJY and stick to them. Honest squawking is a calculated risk of the con mob; they will not hold it against White, and he is even allowed a certain latitude in lying to the police to save his face. But if he goes too far and accuses them falsely of burglary, for example, that is cheating, and they resent it. On the other hand, there is little sympathy for a con man who gets into trouble by working a mark who is drunk, since this is improper procedure, and he should know better. The same applies if he is stupid enough to pick a mark with a sense of humor, since it is well known that such people cannot be trusted to play the straight man in FODJY all the way down the line through the terminal game of "Cops and Robbers." (#2) Experienced con men are scared of marks who laugh after they have been taken. "*

I didn't want this ticket, so I met the man and bowed down my head, and allowed him to angle me. You know what? I didn't want a ticket, I didn't expect one -- I figured out how to not get one this time. I practiced my angles, and it paid off. I felt OK about it and so did the officer. "

CLINICALLY, EACH TONE QUALITY OF VOICE A PERSON USES HAS ITS OWN CHARACTERISTIC ACCOMPANYING TIP, ANGLE, AND) LEVEL.

A skillful speaker, whether he is aware of it or not, welcomes seeing the angles of the listening audience members, inasmuch as these angles are indicative and representative of the opportunity to play to the listener whether it be for good-natured or for more persuasive reasons. Speakers with an angle in mind are interested in persuading the listeners, convincing them, suggesting to them. Most listeners who go to talks and listen to lectures have preconceived ideas in mind. These are the opinions and mischiefs which keep their interest stimulated.

Theoretical considerations about leveling are multiple: "Get-well-first-and-find-out-why-later," the reticular activating system, "really feeling like

it," the kinesthetics of behavior with associated feelings and behavior therapy. The state of one's mind and one's manifest behavior do not long remain divergent from each other. A change of one will bring about some change of the other.

Previous mention was made of the Harvard Cats where rotation ("tilt") of a straight edge anywhere in the field of vision of as little as 5 degrees caused different and separated sets of occipital brain cells to be fired off in the cortex of these animals. `

A speculative extrapolation to homo sapiens: Different "tilts" of the head and visual apparatus stimulate different sets of neurons in the brain of man, and then a different aspect of personality, for example through reciprocal activation between the cerebellum and temporo-parietal cortex. This is highly speculative.

Other factors to consider are the cerebral reticular activating system selectively opening and closing attentiveness and awareness within different areas of mentation; the semicircular canals for balance and gravity; the cerebellum, whose functioning with personality is very little, if at all, understood; etc. There is, however, this to say: The kinesthetic sensory

nerves in the small muscles at the back of the neck that balance the head on the neck have a great deal to do with locating one's body position in space and in orienting many other sets of muscles in the performance of precise physical acts. Performers of complicated athletic, artistic feats as ballet, ice skating, football, gymnastics, aerial acrobatics, jugglers, entertainers handling "live audiences," all are quite regularly "keeping a level head" (holding their eyes/head on a perpendicular level) as they carry out complicated, complex performances. The empiric finding is that "level" is much more regularly Adult than any other single criterion known to the writer, and "non-level" is much more regularly non-Adult than any other single phenomenon available for measuring.

Clinical measurements by several observers point to the fact that the least angle (tilt) off the level which induces an ego state other than Adult is 7 degrees (left or right). The ego state regularly reported for this 7 degree off level is a "calculating," "shrewd" Parent who is out to back up certain disciplining opinions, e. g., dietary propriety, "I-mean-for-you-to-see-it-this-(my)-way!," etc.

The "Confidence" Game

In "Secrets of the Federal Reserve" Eustace Mullins writes on page 164: *"If a confidence man comes up to you and offers to demonstrate his marvelous money machine, you watch while he puts in a blank piece of paper, and cranks out a \$100 bill. That is the Federal Reserve System. You then offer to buy this marvelous money machine, but you cannot. It is owned by the private stockholders of the Federal Reserve Banks, whose*

identities can be traced partially, but not completely, to "the London Connection."

"The money of the Federal Reserve Banks is money they created. When they buy Government securities they create reserves. They pay for the Government securities by giving checks on themselves, and those checks come to the commercial banks and are by them deposited in the

Federal Reserve Banks, and then money exists which did not exist before." This is a quote by a Dr. Anderson, an economist for the Chase National Bank of New York, page 161.

On September 30, 1940, [FED] Governor Eccles said: "If there were no debts in our money system, there would be no money."

This is an accurate statement about our money system. Instead of

money being created by the production of the people, the annual increase in goods and services, it is created by the bankers out of the debts of the people. [Underline added by the editor of this newsletter.] Because it is inadequate, it is subject to great fluctuations and is basically unstable. These fluctuations are also a source of great profit. For that reason, the Federal Reserve Board has consistently opposed any legislation which attempts to stabilize the monetary system. Its position has been set forth definitively in Chairman Eccles' letter to Senator Wagner on March 9, 1939, and the Memorandum issued by the Board on March 13, 1939."

"The Board of Governors opposes any bill which proposes a stable price level, on the grounds that prices do not depend primarily on the price or cost of money; that the Board's control over money cannot be made complete; and that steady average prices, even if obtainable by official action, would not insure lasting prosperity.

In 1935, Eccles said before the House Committee on Banking and Currency: "The Government controls the gold reserve, that is, the power to issue money and credit, thus largely regulating the price structure."

Governor Eccles testimony exposes the heart of the money machine which Paul Warburg revealed to his incredulous fellow bankers at Jekyll Island in 1910. Most Americans comment that they cannot understand how the Federal Reserve System operates. It remains beyond understanding, not because it is complex, but because it is so simple. If a **confidence man** comes up to you and offers to demonstrate his marvelous money machine, you watch while he puts in a blank piece of paper, and cranks out a \$100 bill. That is the Federal Reserve System. You then offer to buy this marvelous money machine, but you cannot. It is owned by the private stockholders of the Federal Reserve Banks, whose identities can be traced partially, but not completely, to "the London Connection."

On June 24, 1941, at Hearings before the House Committee on Banking and Currency Eccles said: "The banking system as a whole creates and extinguishes the deposits as they make loans and investments, whether they buy Government Bonds or whether they buy utility bonds or whether they make Farmers' loans.

[Are they buying and selling short and long positions in the paper futures gold -silver markets now? Are they employing high frequency traders around the world, now, to depress the true value of gold and silver?

Some people would call this manipulation. Is this a criminal syndicate/ cartel monopolizing money?, instead of allowing the productive power of free people determine the value of their efforts.]

Instead of money being created by the production of the people, the annual increase in goods and services, it is created by the bankers out of the debts of the people.

[This is slavery.]

Eccles: "Well, the banks create money when they make loans and investments."

On September 30, 1941, before the same Committee, Governor Eccles was asked by Representative Patman: "How did you get the money to buy those two billion dollars worth of Government securities in 1933?"

Eccles: "We created it."

Mr. Patman: "Out of what?"

Eccles: "Out of the right to issue credit money."

Mr. Patman: "And there is nothing behind it, is there, except our Government's credit?"

Eccles: "That is what our money system is. If there were no debts in our money system, there wouldn't be any money."

Strangely enough, there has never been a court trial on the

legality or Constitutionality of the Federal Reserve Act. Although it is on much the same shaky grounds as the National Recovery Act, or NRA, which was challenged in *Schechter Poultry v. United States of America*, 29 U.S. 495, 55 US 837,842 (1935), the NRA was ruled unconstitutional by the Supreme Court on the grounds that "Congress may not abdicate or transfer to others its legitimate functions." [Underline added.] Congress cannot Constitutionally delegate its legislative authority to trade or industrial associations or groups so as to empower them to make laws."

Article I, Section 8 of the Constitution provides that "Congress shall have Power to borrow money on the credit of the United States ... and to coin Money, regulate the value thereof, and of foreign coin, and fix the Standard of Weights and Measures." According to the National Recover Act decision, Congress cannot delegate this power to the Federal Reserve System, nor can it delegate its legislative authority to the Federal Reserve System to allowing the System to fix the rate of bank reserves, the discount rate, or the volume of money. All of these are "legislated" by the Federal Reserve Board, meeting in legislative sessions to determine these matters and to issue "laws" or regulations fixing them.

Notes and Thoughts

In the implementation of the new legislation called "The Dodd-Frank Bank Act" the Executive agencies having jurisdiction have delayed enforcing it a long time; so that they can write the statutes and allow banks a say in the laws. In other

words, the banks (et al) are throwing a lot of delays and obfuscation into the mix.

The new law euphemistically called "Obamacare" is being implemented as written, according to the script.

Otherwise known as the "The Affordable Care Act," it is anything but affordable. The Supreme Court ruled this law to be legal, even though Supreme Court Justice John Roberts said it is a tax.

I am of the opinion this thing called "Obamacare" or "The Affordable Care Act," whatever it is, is inflationary. It is already showing us that individuals and families are having to pay much more to continue their insurance coverage/premiums.



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"Mastery of the universe is proportional to the symbols man has by which to represent his universe."



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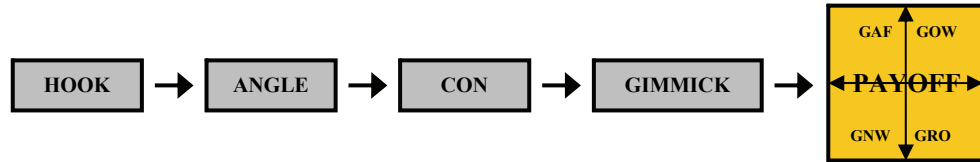
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A game is defined as a recurring set of transactions with ulterior transactions, concealed motivation, a gimmick, and a payoff. Eric Berne, M.D. used a particular variation of the duplex transactional diagram to represent the ulterior aspects of a game. Berne added the concept of switch in 1966 and introduced "The Game Formula." $Con + Gimmick = Response > Switch > Payoff$. The "Ernst Game Diagram" as described by Franklin H. Ernst Jr., M.D. in his paper "The Game Diagram" shows the phenomena of the variableness of a game and number of variations without contradicting "Berne's Game Formula." The Game Diagram" has five moves: Move #1-Hook, Move #2-Angle, Move #3-Con, Move #4-Gimmick, Move #5-Payoff. Diagrammatically it looks like this:



Doctors are facing stiffer penalties on their billings and their billings are being shaved even more now by the government authorities having jurisdiction. I think the FED wants this.

The government is (taxing - taking - shaving) paying variously 25-75% on the billings of doctors, and putting the asset seizure into their budgets. I don't know the exact numbers, but I watched and listened to Dad as his billings for Medicare and Medicaid patients were shaved by as much as 75%, before he retired in the mid 1990's.

Inflation is the stated goal of the Federal Reserve Board.

And while energy costs for gasoline and natural gas are deflating (going down), the costs for health insurance and care is going up.

The FED is having an adverse, harmful affect on all Executive agencies and a harmful effect on free society. It is having an adverse - harmful influence in the way many legislators think, too.

While some legislators are demanding an audit of the FED, other legislators are dreaming up ways to bomb Iran, costing millions of lives and trillions of dollars. Insanity ..

Does the Executive know the difference between executive responsibility and legislating, or has it assumed legislative activities?

While some legislators want to get a handle on the U.S. government National Security Agency (NSA), other legislators (et al) want to empower its rogue ways; so that it can continue becoming a world wide omnipotent listening service for the bribers, bribable, and powerful.

The U.S. Congress (Senate and House of Representatives) is no-longer Republicans - Democrats, it is now Constitutional Libertarians - Unlawful Racketeers-Bullies.

The Executive Branch of the United States is compromised. It enforces some laws, while not enforcing others; because of so called budget constraints. For example the Executive ignores the CFTC

non-enforcement of certain banks controlling huge segments of the paper gold-silver market, while other Executive agencies bribe the big banks while letting them off the hook with non-guilt clauses in their legal agreements; even in light of systemic repeated violations of law and excesses of criminal activity. It sure looks like "enforcing" agencies having jurisdiction get to keep the bribe money, to enhance their budgets. What a racket. Who benefits?

The Courts and BAR are so academically oriented they are unwilling to take on the forces of evil. They are afraid. And many of them are compromised.

Yes, it is very obvious.

And yet there are those of faith who understand, and are resisting. Render unto Caesar that which is Caesar's. Render unto God that which is His.

Why render to the FED which is not the government? But, is it Caesar?