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# Game Codes - Newsletter of Games People Play



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## Special points of interest:

"The arbitrary, inflexible person is the dictator, ready to accomplish his aims without regard to the needs of others and inflexible in his demands.

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# What's the Game? - "Try and Get-Away-With It?"

Soccer was a good way to train for ski racing prior to the winter racing season. We played for about an hour most every day after exercises, running, and stretching.

One of the guys was a very accomplished ski racer and was very aggressive on the soccer field. His style of playing was reckless: hiding the ball, running out of bounds, running over people of both teams, blind siding the other players. He was known for breaking the rules. I still picture him sticking the ball under his shirt and running to the goal line "scoring." When called on his game style he would dismiss it saying "details, details, details" and "score" again. It was an interesting style of soccer when he was allowed to play; often times the coach kept him busy elsewhere. We had a good time.

A building contractor I know of sometimes dismisses the need to follow building codes. "Oh we will fix those things if we have to." To heck with decent ventilation, safe wiring and adequate exits in case of emergency. We don't need a building permit. Insurance? Details, details, details. "We're here to impress people." And so on.

Private deals on behalf of a local political committee? It is tempting for him to take away individual committee member rights without their knowledge and approval. Legal papers to elective office being blocked by the local "County Registrar of Voters?" Details, details, details. Is it possible that the local County Grand Jury will investigate the County Registrar of Voters for interfering and influencing local political group activities and voting? It appears, and evidence suggest the group "chairman" and the government office are in collusion with each other to "opt out" of publicly voted membership, without committee approval.

What's the game? - "Try and Get-Away-With It?

Forcing, dictating individuals to buy health insurance is compulsory. Is this a shakedown (of healthy people)?

What's the game? - "Shakedown?"

Forcing, dictating change against human nature will lead to the destruction of the groups; will lead to hurting the group members. <u>Do No Harm</u>!

On page 119 of "Structure and Dynamics of groups and Organizations" Eric Berne writes

"Every group that wishes to survive has to enforce obedience to its canon (rules), sometimes by drastic measures, and to that extent is authoritarian. However, the canons

themselves may be graded as more or less democratic according to popular standards by examining the three main components of the group authority: the leadership, the constitution and the group culture. In this way groups can be placed on a scale with democratic governments at one end and totalitarian governments at the other. This is a vast topic which is the province of political science, but a few simple classifications are useful to any student of organizations and groups. For example, the leadership may be fluid. viscid or frozen. With a fluid leadership. the leader is responsible to the members and can be easily replaced; with a viscid leadership, he is responsible only to a class of privileged people and is harder to displace; a frozen leadership is self-perpetuating and may be irresponsible and autocratic. The constitution may be flexible and easily adapted to the needs of the members. or it may be rigid and unchangeable. The culture may be permissive, restrictive or prohibitive, according to how freely the membership may criticize."

On page 162 Dr. Berne addresses the topic of adjustment.

"Each new member of a group can be judged according to his ability to adjust. This involves two different capacities: adaptability and flexibility."



A "shakedown" may have occurred when President Obama put the touch on President Medvedev. Was this in the manner of Chicago style politics? ? "The adaptable, flexible individual will carry out his operations smoothly and with patience and will settle for what is expedient. ("Politics is the science of the possible.") He is rather uninspiring "socially adjusted" person that some school systems take as their ideal, the "common-ground-finder" who sacrifices principle to convenience in a "socially acceptable"

way. In certain professions, such capacities may be desirable or profitable and may be deliberately cultivated."

"The adaptable, inflexible member will carry on patiently and diplomatically but will not yield on any of the goals he is striving for. In this class are many successful business men who do things their own way. The

arbitrary, flexible person will shift from one goal to another, showing little skill or patience, and will settle for what he can get without changing his tactics.

The arbitrary, inflexible person is the dictator: ready to accomplish his aims without regard to the needs of others and inflexible in his demands. The others play it his way, and he gets and gives what he wants to."

## A Recent "open-mic" Incident

At a recent international conference of leaders in South Korea, U.S.
President Obama and Russian President Medvedev were seen and heard talking when an "open-microphone" allowed others to hear what they said.
The cameras were rolling, too.

The topic was missile defense.

Words and phrases picked up were
"hide the ball", "flexibility", "give me
more space" ... . Code words and
phrases? On the surface this incident
can be dismissed as one person
reaching out to another. But.

Mind you, these guys have the power of war and peace, destruction and construction, life and death. The "open-mic" was probably not a mistake. FDR would understand this,

especially with politics.

The words and phrases are one thing. The body language is another. Slow motion review of the video suggests some additional things happening. President Obama was moving his hands in a spinning manner: to gather in notice?

A "shakedown" may have occurred when President Obama put the touch on President Medvedev. President Obama invaded the space of President Medvedev. Was this in the manner of Chicago style politics? President Medvedev seemed startled (his back muscles bristled slightly) and then he leaned forward slightly (as if sickened), and then he pointed his left first index finger at President Obama, as if

disciplining a Child. This all happened very quickly. President Obama had the weirdest look on his face immediately afterwards as he faced the camera.

Months before something also happened when President Obama was seen at the airport with the Governor of Arizona. Was this a shakedown, too? The President did something to her (touched her or said something) that provoked her to point her first index finger at him, as if disciplining a Child.

These two incidents could be misconstrued as "flirting." I know that's a stretch, but with the stakes being so high, you gotta wonder. I also wonder, is President Obama showing off, again? He just can't help himself.

## Boasting

In "<u>Transactional Analysis on Psy-</u> <u>chotherapy</u>" Dr. Eric Berne writes on page III

"Mr. Segundo boasted that he had won an acquittal for one of his clients by calling in a psychiatrist as an expert witness. The client was being tried for a serious dereliction of duty. The psychiatrist had testified that the man was legally sane, but that he had come from a broken home and had only committed his transgression out

of love for his wife because he needed her so badly. His testimony was so convincing, together with Mr. Segundo's plea, that the jury had let the man go."

"Mr. Segundo then related then how he personally was suing a man who had let him down on a business commitment. On inquiry it developed that this defendant had also come from a broken home, needed the money for his wife's comfort, etc.

But this did not deter Mr. Segundo from going ahead with his suit."

"In transactional analysis, reliability or commitment is regarded as an inherent social quality of the Adult.
Therefore the patient is expected to be reliable insofar as his Adult is functioning and within the limits it is able to function at a given time. ..."

So, too, with Presidents.

### Dr. Eric Berne goes on

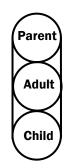
"Games must be distinguished from operations, which belong to the sphere of intimacy. A game, by definition, must involve a snare or "gimmick" through an ulterior transaction. An operation is a direct transaction, simply something that somebody does socially, such as asking for reassurance and getting it. This only becomes a game if the individual

presents himself as doing something else, but is really asking for reassurance, or asks for reassurance and then rejects it in order to make the other person feel uncomfortable in some way."

"Game analysis not only has its rational function, but also lends a lively interest to the serious proceedings of individual or group psychotherapy. While it should not be cor-



rupted to hedonistic purposes, and must be handled with the utmost correctness, the evident pleasure that it gives to many of the participants is a bonus which the conscientious therapist should be grateful for, and is not something to become querulous about."



# Game - "Father's Always Right"

Or. Franklin Ernst Jr. writes in an unpublished manuscript on Games about a style of governing.

"About January 2000 at a Citizens for Responsible Growth (CRG) meeting I came out about Tinny having a hysterical giggle at City meetings, this for Graham Dell to hear. The goal of the comment was to reduce the pleasure Tinny got out of his position. Mr. Dell did pass my comment along.

The Mayor showed his pleasure at times by giggling. If he could not giggle while presiding, then his pleasure would be reduced, his zest would be reduced. He would be worked over by his committee (managers, controllers) to take away, eradicate that bad habit of giggling in public, the pleasure he got as shown by his giggle."

"About 6 months later I called M.W., secretary of the mayor, with a personal message, not for the Mayor, but about him; that she could tell him if she wanted. Message was that the agenda for Mare Island Redevelopment / Council Study Session showed the meeting starting at 4:30p.m., when in fact the Mayor convened it at 4:00p.m. The meeting started before the local t.v. Cable Cameras were set up in City Hall. Most of the public who

were interested in seeing the matter were supposedly late for the meeting, because of his "early" convening of the study session. "

"He, the Mayor, was responsible for this time change, and so it did not get televised as was the custom, and so many people relied on. Secret government? It made interested parties seem to be late who came special for it, to hear it, to testify."

"How can that special procedure be used, possibly jibe with how California Public Meeting law which requires a published agenda?"

"She, the Mayor's secretary, came back with his answer. It was posted Friday. And I replied, 'Yeah, just in time for the general public to not know it.' "

"Can we trust our elected to abide by the spirit of the law, not just the letter? Not even the responsible people at the cable franchise knew about the meeting time change, let alone the public. Note: the cable franchise publishes and broadcasts the agendas several days in advance of meetings, even this one. The changed meeting time agenda was not forwarded to the customary source of information for the public."

"Two days later I (Dr. Ernst) got a call from City Clerk's office saying on a tape 'Dr Ernst said I should call you and tell you the meeting was noticed according to section (XXX) of California Government Code."

You read that right.

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"The best and a well educated guess is that when M. told her boss, the Mayor had a big temper tantrum heard throughout all of City Hall, eg screaming approximated 'that damn Dr Ernst. Who does he think he is, calling me a (liar).' City Clerk office took most of the heat, and that's why when the Clerk's office called my telephone, she had become confused; that I was the one who gave her the message to call me up? She must have been very frightened to see Mr. Cool and Proper (the Mayor) unglued."

"From other stories I had heard, the Mayor did have regular temper tantrums at home. This was the first one I had heard about that happened in City Hall. He'd lost it in City Hall."

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"Mastery of the universe is proportional to the symbols man has by which to represent his universe."

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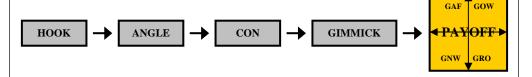
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A game is defined as a recurring set of transactions with ulterior transactions, concealed motivation, a gimmick, and a payoff. Eric Berne, M.D. used a particular variation of the duplex transactional diagram to represent the ulterior aspects of a game. Berne added the concept of switch in 1966 and introduced "The Game Formula." Con + Gimmick = Response > Switch > Payoff. The "Ernst Game Diagram" as described by Franklin H. Ernst Jr., M.D. in his paper "The Game Diagram" shows the phenomena of the variableness of a game and number of variations without contradicting "Berne's Game Formula." The Game Diagram" has five moves: Move #1-Hook, Move #2-Angle, Move #3-Con, Move #4-Gimmick, Move #5-Payoff. Diagrammatically it looks like this:

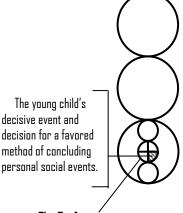


"The picture arrived at an reflection was that his C-I had been deprived both of pleasure from keeping his position (the hysterical giggle) and instead he had been effectively scolded for showing his pleasure at pulling a fast one on someone, what with his position and all. See Diagram. His A-I had made the (compromise) decision sometime in his past to "pull a fast one on him (dad), then he (his childhood memory of his dad) won't be so smart about how 'Father's Always Right.' "

"Tinny apparently generalized this early formula. When his C-I pleasure was removed, the only emotional reaction left was his own raging P-I Parent to scream at and about someone calling him on his own game, "Father's Always Right", when he thought he was right. So he raged exactly like he remembered his father, raged at being made to look so foolish, at looking so foolish, believing he'd been perfectly within his rights in ordering the meeting to be reset ahead 30 minutes."

"This was backed up from about 7 years earlier when a Regular Attending member of the public at a City Council meeting, commented publicly about "Councilwoman Belinda is Always Right." He, the Mayor promptly, gleefully responded with the same giggle and as if to correct Regular Attender said: "Mrs. May is Always Right", ie same game, making Mrs. May feel foolish in front of the televised meeting audience, for all to see."

"Another time, in 1995, he commented: 'Mr. Regular, you don't need to be so testy', whereupon Mr. Regular came back: "Mr. Mayor, I enjoy posturing, too.' "



The Professor
is located in the grown
up person's Childself.

