

THE ENCOUNTERER

 $An\,Information\,Service\,of\,$ The Golden Gate FOUNDATION for GROUP TREATMENT, INC.

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P. O. Box 1141, Vallejo, California, 94590

Editor, F H Ernst Jr MD

January 23, 1974

Vol. 2, No. 35

CONFERENCE: March 1-2, 1974, Friday-Saturday, surburban San Francisco, Golden Gate Foundation for Group Treatment, Inc. Place: Holiday Inn, Fairfield (next to Interstate 80). Panels, Papers, Workshops, Transactional Analysis. Pre-Registration \$15; at Conference \$20. For program or information: GGFGTI, P.O. Box 1141, Vallejo, CA. 94590; tel. (707) 644-7529. Something for your Parent, for your Adult and for your Kid.

On 9/15/73 the Foundation held its conference planning commission meeting in a 20 hour marathon session, 30 people: Alan Peek, Chm.; Mona Azure, Eileen Beeman, Al Campagnoni, Blanche Campagnoni, Arlie D'Angelo, Charron Dokey, Frank Ernst, Jr., Harry Ernst, Jennifer Ernst, Carolyn Evarts, George Halterman, Hal Helbock, Sue Helbock, Betty Hovde, Bill Jones, Michel Juge, Ruth Magaziner, Paul McMichael, Audrey McMichael, Teal Nichols, Steve Ostling, Jeri Ostling, Gaylon Palmer, Dave Peck, Carole Peek, Harry Seymour, Ed Shell, Marcia Thorne and Bill Torento.

NOTICE: A few water damaged copies of WHO'S LISTENING?: TA OF THE ACTIVITY OF LISTENING, by Ernst, have been given to the Foundation. Available at no charge, first come first serve. Limit one to an address, person.

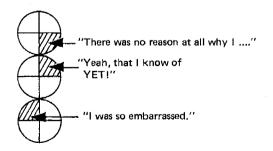
SUCCINCTISM: "You know" decoded. Child: "You know, don't you, that I know what I'm talking about, don't I?" Said by the Parent: "You know, don't you, that I know what I am talking about, don't !!"

ENCOUNTER: Millie, a 19-year-old waif in her 20th session: (Shyly) "I got so embarrassed when he said that last night. (Then scolding) There wasn't any reason at all why I should have felt that way."

Therapist: (Quietly) "Any reason you know of yet?"

Millie: (Thoughtful) "Yeah, that's what I mean, that I know of yet."

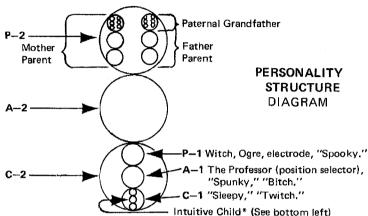
This was then diagrammed on the blackboard as:



Her Adult was able to do a get-on-with job for her own Child, furnish protection from her vindictive Parent; her Child had gotten-away-from the event; and her Parent scared off (got-rid-of) her own Child self and also drove off other playmates. FORMULATION:

*The Adult in C-1 is the Intuitive Child, aged 2-4; is the Script selector, i.e., which fairy tale, myth or legend is life going to resemble the most. (See diagram above right column.)

FORMULATION: ALPHABET OF BEHAVIOR Letter No. 3: THE STRUCTURE and ANATOMY OF THE PERSONALITY.



This letter of the Behavior Alphabet is the **Personality STRUCTURE**. The PAC circles are used here to describe the structure, the component of the personality in use, i.e., the personality muscle from which a quality of behavior originates, comparable to the biceps muscle. Letter No. 1 (The E 2:33 showed the FUNCTIONS of the three ego states. The functions are analogous to physiology, e.g., the biceps can contract or extend (relax). Letter No. 2 (The E 2:34) showed the OPERATIONS: "Where am I going with this other person?" "What am I going to do with him and me for this NOW event?"

"The Professor" ("the Little Professor" by those offering succor) is to be differentiated from the intuituve Child. "The Professor," as structure, is the Adult of the Child (A-1), is the position selector. "The Professor" is the one who scrambles for the stimuli and responses in games in a sophisticated manner.

The intuitive C is the zestful Child, open and charming, saying "Umhumm" "Umn'thumm," keeping transactions flowing in a smooth style with just enough provocative playfulness to oil the psychological machinery of others to be responsive and stimulated. INTUITION IS the process of taking in SECONDARY PERSONAL INFORMATION about others and making good estimates about their internal workings. It is the Adult in the Child of the Child Berne was referring to in his "Studies on Intuition." There are two and at most three major decisive childhood commitments made. The last of these is the decision by "The Professor" of selecting the person's position; the one or two decisions earlier in life are from among the oral, anal, and/or genital stages and take place before 4 years. "Character disorders" made "pregenital" decisions. "Genital characters" postponed their decisive commitments until they had more equipment and information.

To be specific, "natural Child" refers to the function while "Professor" and "intuitive Child" refer to the structure used. To not distinguish the "natural Child" from "the Professor;" to not separate the "adapted Child" from the "witch" is to portray a lack of sophistication, an incomplete understanding of function vs structure, an angle-in-mind or a lacuna in TA information theory. A person interchangeably or inexactly using these terms, may very well not know what he is talking about.

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The FOUNDATION for GROUP TREATMENT, INC., is a nonprofit organization, founded to provide opportunities to professionals working with groups to increase their effectiveness and efficiency. THE ENCOUNTERER, the news service of the FOUNDATION has reports and notices of current developments in this field.

Group Treatment, Inc. Send to P.O. Box 1141, Vallejo, CA 94590.

Associations of group treatment professionals are invited to use THE ENCOUNTERER to notify others of their activities.

Interested Associations and Institutions are asked to apply for THE ENCOUNTERER on a continuing basis.

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GLOSSARY OF TERMS AND ABBREVIATIONS USED IN THE ENCOUNTERER

Α	Adult, "Level-head", objective, ego state.
ANGLE	 2nd move of a name, also called Maneus

ANGLE — 2nd move of a game, also called Maneuver-1. Angle also refers to a facial attitude (often occurring with the 2nd move of a game).

C Child, Childhood, "the Kid" ego state.

CON 3rd move of a game, formerly called Maneuver-2

E THE ENCOUNTERER

EB Eric Berne

EGO STATE — A quality of feeling-reasoning with its related behavior; a state of mind.

G Gimmick; trick, wrinkle, 4th move of a game.

GAF Get-Away-From: the DEVOLUTION life solution of I-am-not-OK-AND-You-are-OK.

GNW Get-Nowhere-With: The OBVOLUTION life solution of I-am-not-OK-AND-You-are-not-OK.

GOW Get-On-With: The EVOLUTION life solution I-am-OK-AND-You-Are OK.

GRO Get-Rid-Of: The REVOLUTION life solution I-am-OK-AND-You-are-not-OK.

GW Get-Winners, Get-Well, Getting Well, usually synonymous with GOW life solution.

H Hook; come-on, engagement, 1st move of a game.

OK CORRAL — The Diagram of (a) the life positions, solutions to intimate relationships and (b) the in-operation manner of resolving

encounters each day.

OP Other Person
P Parent, Parent ego state; to be differentiated from Adult ego state.

P-O Pay-Off: Ulterior (latent) motive, reward, 5th move of a game.

R_X Prescription, prescribed, therapeutic advice, treatment recommendation.

SCRIPT - Life-story; map of a person's life, often resembling a fairy-tale.

SOBA -- SOB-Authority, Silly-Ole'-Boy-Authority.

SOBA-HUNTER - Person with an "authority problem," a crusader; a revolutionary.

SUCCINCTISM - Concise graphic formulation.

TA Transactional Analysis founded by Berne, It is:

- 1. A theory of social behavior.
- 2. A theory of personality structure.
- 3. A method of (group) psychotherapy treatment.
- 4. An organization.

It embraces and is not contradictory to psychoanalytic theory and practice.

THE E - THE ENCOUNTERER

THWITS - "To-Hell-With-It's", Having a case of the