

THE ENCOUNTERER

An Information Service of the Golden Gate FOUNDATION for GROUP TREATMENT, INC.

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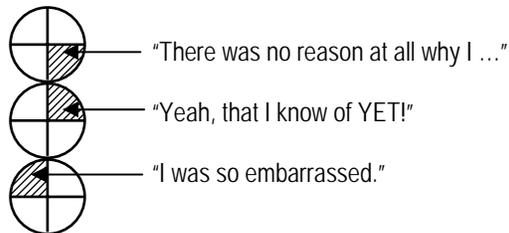
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CONFERENCE: March 1-2, 1974, Friday-Saturday, suburban San Francisco, Golden Gate Foundation for Group Treatment, Inc. Place: Holiday Inn, Fairfield (next to Interstate 80). Panels, Papers, Workshops, Transactional Analysis. Pre-Registration \$15; at Conference \$20. For program or information: GGFGTI, P.O. Box 1141, Vallejo, CA. 94590; tel. (707) 644-7529. Something for your Parent, for your Adult and for your Kid. On 9/15/73 the Foundation held its conference planning commission meeting in a 20 hour marathon session, 30 people attended.

NOTICE: A few water damaged copies of "WHO'S LISTENING?: TRANSACTIONAL ANALYSIS OF THE ACTIVITY OF LISTENING", by Ernst, have been given to the Foundation. Available at no charge, first come first serve. Limit one to an address, person.

SUCCINCTISM: "You know" decoded. Child: "You know, don't you, that I know what I'm talking about, don't I?" Said by the Parent: "You know, don't you, that I know what I am talking about, don't I!"

ENCOUNTER: Millie, a 19-year-old waif in her 20th session: (Shyly) "I got so embarrassed when he said that last night. (Then scolding) There wasn't any reason at all why I should have felt that way."
Therapist: (Quietly) "Any reason you know of yet?"
Millie: (Thoughtful) "Yeah, that's what I mean, that I know of yet."
This was then diagrammed on the blackboard as:



Her Adult was able to do a get-on-with job for her own Child, furnish protection from her vindictive Parent; her Child had gotten-away-from the event; and her Parent scared off (got-rid-of) her own Child self and also drove off other playmates.

FORMULATION:

The Adult in C-1 is the Intuitive Child, aged 2-4; is the Script selector, i.e., which fairy tale, myth or legend is life going to resemble the most.

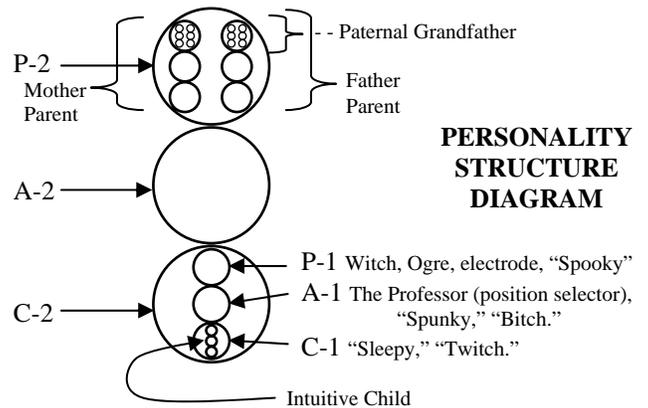
FORMULATION: ALPHABET OF BEHAVIOR - Letter No. 3:

THE STRUCTURE and ANATOMY OF THE PERSONALITY.

This letter of the Behavior Alphabet is the **Personality STRUCTURE**. The PAC circles are used here to describe the structure, the component of the personality in use, i.e., the

personality muscle from which a quality of behavior originates, comparable to the biceps muscle. Letter No. 1 (The E 2:33 showed the FUNCTIONS of the three ego states. The functions are analogous to physiology, e.g., the biceps can contract or extend (relax). Letter No. 2 (The E 2:34) showed the OPERATIONS: "Where am I going with this other person?" "What am I going to do with him and me for this NOW event?"

"The Professor" ("the Little Professor" by those offering succor) is to be differentiated from the intuitive Child. "The Professor," as structure, is the Adult of the Child (A-1), is the position selector. "The Professor" is the one who scrambles for the stimuli and responses in games in a sophisticated-manner.



The intuitive C is the zestful Child, open and charming, saying "Umhum" "Umn'thurrm," keeping transactions flowing in a smooth style with just enough provocative playfulness to oil the psychological machinery of others to be responsive and stimulated. INTUITION IS the process of taking in SECONDARY PERSONAL INFORMATION about others and making good estimates about their internal workings. It is the Adult in the Child of the Child that Berne was referring to in his "Studies on Intuition." There are two and at most three major decisive childhood commitments made. The last of these is the decision by "The Professor" of selecting the person's position; the one or two decisions earlier in life are from among the oral, anal, and/or genital stages and take place before 4 years. "Character disorders" made "pregenital" decisions. "Genital characters" postponed their decisive commitments until they had more equipment and information.

To be specific, "natural Child" refers to the function while "Professor" and "intuitive Child" refer to the structure used. To not distinguish the "natural Child" from "the Professor," to not separate the "adapted Child" from the "witch" is to portray a lack of sophistication, an incomplete understanding of function vs structure, an angle-in-mind or a lacuna in TA information theory. A person interchangeably or inexactly using these terms, may very well not know what he is talking about.

The FOUNDATION for GROUP TREATMENT, INC., a non-profit organization was established for the purpose of providing clinicians of all schools and disciplines using group treatment methods with opportunities for increasing their effectiveness and efficiency toward the professional treatment objective of the patient getting well.

The Encounterer is the news service of the FOUNDATION. It will have notices of interest, current developments in this treatment field, and clinical reports.

Associations and Societies of group treatment professionals are invited to use THE ENCOUNTERER to notify others of their meetings and activities. As a service of the FOUNDATION, non-profit facilities and organizations involved with group treatment are invited to apply for THE ENCOUNTERER on a continuing basis.

This single sheet news service will include:

1. CLINICAL INFORMATION:

- A. ENCOUNTERS, vignettes, applicable to treatment.
 - B. FORMULATIONS of theoretical and a practical nature.
 - C. "Rx for GETTING WELL."
 - D. OTHER sections as this publication evolves.
2. NOTICES of coming talks, seminars, meetings for learning, teaching, training.
3. REPORTS on events of interest to group treatment professionals.

Individuals who want to receive THE ENCOUNTERER may do so by making a \$2.50 donation for which they will receive 20 issues of this periodical in a year.

Glossary of Terms and Abbreviations Used in THE ENCOUNTERER

A	Adult, "level-head," objective, ego state	P-O	Pay-Off: Ulterior (latent) motive, reward. 5th move of a game.
C	Child, childhood, "the Kid" ego state	PSI	Pounds per square inch
CPM	Cycles per minute	Rx	Prescription, prescribed, therapeutic advice, treatment recommendation.
CPS	Cycles per second	SCRIPT	Life-Story: map of person's life, often resembling a fairy-tale.
E	THE ENCOUNTERER	SOBA	SOB Authority, Silly-Ole'- Boy-Authority
G	Gimmick: (trick, wrinkle) 4th move of a GAME.	SOBA-HUNTER:	Person with an "authority problem"; a Crusader; a revolutionary.
GAF	The DEVOLUTION Life Solution of <u>Get-Away</u> From: I-am-not-Ok-and-you-are-OK.	SUCCINCTISM:	Concise graphic formulation
GNW	The OBVOLUTION Life Solution of <u>Get-No-Where-</u> <u>With</u> : I-am-not-OK-and-you-are-not-OK.	TA	Transactional Analysis. Originated by Berne.
GOW	The EVOLUTION Life Solution of <u>Get-On-With</u> (It, life, living); I-am-OK-and-you-are-OK	It is:	1. A theory of (social) behavior 2. A theory of personality structure 3. A method of (group) psychotherapy treatment 4. An organization
GRO	The REVOLUTION Life Solution of <u>Get-Rid-Of</u> : I-am-OK-and-you-are-not-OK.	It embraces and is not contradictory to	psychoanalytic theory and practice.
GW	Get-Winners, Get-Well, Getting-Well, usually synonymous with the GOW Life Solution.	THE E	THE ENCOUNTERER
H	Hook: (come-on, engagement) 1st move of a GAME.	THWIT's	"To Hell With It's", Having a case of the ...
M	Maneuver: (angle, con) move of a GAME.	VOL	Volume
No	Number		
P	Parent, Parent ego state; to be differentiated from Adult ego state.		